

# Mucomyst (acetylcysteine) basics

**Helps you to breathe easier.** Mucomyst (acetylcysteine) is inhaled to clear mucus from your lungs.

## What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.

|  | Hours | Days | Weeks | Months | Long term |
|--|-------|------|-------|--------|-----------|
| <b>Mucomyst (acetylcysteine)</b><br>Drug effectiveness |       |      |       |        |           |
| <b>Possible side effects†</b>                          |       |      |       |        |           |
| <b>Runny nose</b>                                      |       |      |       |        |           |
| <b>Drowsiness</b>                                      |       |      |       |        |           |
| <b>Nausea</b>  |       |      |       |        |           |
| <b>Vomiting</b>  |       |      |       |        |           |
| <b>Chest tightness</b>                                 |       |      |       |        |           |
| <b>Soreness and swelling of the mouth</b>              |       |      |       |        |           |

† Data on frequency of side effects is not available.

## Tips from pharmacists

- Available as a liquid that can be inhaled via nebulizer machine for treatment of respiratory conditions or taken by mouth for treatment of acetaminophen poisoning.
- The liquid may change color after you start using it. This is normal.
- Wash the nebulizer face mask with water if it gets stick.

## Risks and warnings

Contact your doctor if you experience any of these.

### Increased secretion of mucus

When you take Mucomyst (acetylcysteine), you might experience an increased amount of liquid mucus which can be hard to get rid of. If you have asthma, this might start an attack, so always have your rescue inhaler around in case this happens.