

# Allegra-D (fexofenadine / pseudoephedrine) basics

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**Treats allergy symptoms and congestion.** Allegra-D (fexofenadine / pseudoephedrine) is a combination allergy medicine that's useful if you have congestion and runny nose.

## What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.

	Hours	Days	Weeks	Months	Long term
<b>Allegra-D (fexofenadine / pseudoephedrine)</b> Drug effectiveness					
<b>Possible side effects†</b>					
<b>Headache</b>					
<b>Trouble sleeping</b>					
<b>Nausea</b>					
<b>Indigestion</b>					
<b>Throat irritation</b>					
<b>Dizziness</b>					

† Data on frequency of side effects is not available.

## Tips from pharmacists

- Allegra-D (fexofenadine / pseudoephedrine) works to treat nasal congestion and a runny nose.
- Take as a whole tablet on an empty stomach, 1 hour before eating or 2 hours after eating.
- Can cause dizziness, headache, and/or a fast heartbeat.
- If you have high blood pressure or kidney problems, talk to your doctor before using Allegra-D (fexofenadine / pseudoephedrine).
- Avoid taking it close to bedtime to prevent trouble sleeping.
- Shouldn't be used in kids younger than 12 without first checking with a doctor.

## Risks and warnings

Contact your doctor if you experience any of these.

### Driving impairment

Allegra-D (fexofenadine / pseudoephedrine) can lower your ability to focus, think, and react. Avoid activities that require you to be alert, such as driving a car or operating machinery until you know how this medicine affects you.

### High blood pressure

The decongestant in Allegra-D (fexofenadine / pseudoephedrine) works by narrowing blood vessels and can cause or worsen high blood pressure. If you have a history of high blood pressure, Allegra-D (fexofenadine / pseudoephedrine) may not be right for you.

### Heart problems

The decongestant in Allegra-D (fexofenadine / pseudoephedrine) can make your heart work harder than usual. Be careful using it if you have a history of heart conditions. Talk to your doctor to see if another option may be better for you.