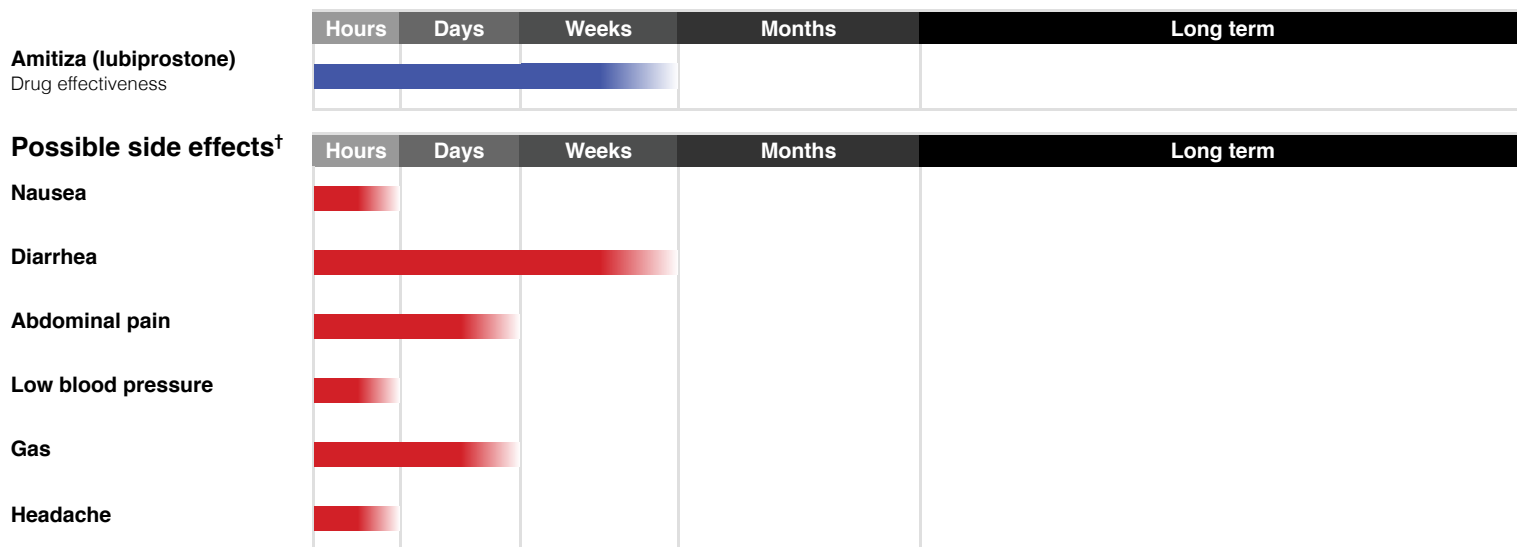


Amitiza (lubiprostone) basics

Treats constipation. Amitiza (lubiprostone) is a good but expensive option to treat severe constipation if other medications did not work for you.

What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.



† Data on frequency of side effects is not available.

Tips from pharmacists

- Take Amitiza (lubiprostone) with food and a full glass of water.
- Store and protect capsules away from light.
- If you're taking Amitiza (lubiprostone) twice a day, you should take one pill in the morning and one at night.
- You will need to see your doctor regularly as you take Amitiza (lubiprostone).
- Eating fruits and vegetables and drinking plenty of fluids can help with constipation.
- Avoiding foods that cause gas or that contain lactose and gluten can help constipation in certain people. Talk to your doctor or pharmacist if you have questions.

Risks and warnings

Contact your doctor if you experience any of these.

Nausea Some people experience nausea when taking Amitiza (lubiprostone). Taking it with food can help prevent nausea.	Diarrhea You can get diarrhea while taking Amitiza (lubiprostone). If you experience severe diarrhea, stop taking Amitiza (lubiprostone) and talk to your doctor right away.	Low blood pressure Some people may develop low blood pressure that can be severe and cause fainting and falls. The risk is higher if you're already on medications that can lower your blood pressure. If you experience vomiting, diarrhea, blurry vision, lightheadedness, fainting, or fatigue, stop taking Amitiza (lubiprostone) and talk to your doctor right away.
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