

# Amlactin (ammonium lactate) basics

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**IODINE**

**Treats itchiness due to dry skin.** Relieves dry, scaly skin and is available over-the-counter.

## What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.

	Hours	Days	Weeks	Months	Long term
<b>Amlactin (ammonium lactate)</b> Drug effectiveness		[Progressive blue bar from Day 1 to Month 3]			
<b>Possible side effects†</b>					
<b>Stinging</b>	[Red bar]				
<b>Burning</b>	[Red bar]				
<b>Redness</b>	[Red bar]				
<b>Peeling</b>	[Red bar]	[Red bar]			
<b>Irritation</b>	[Red bar]	[Red bar]			
<b>Eczema</b>	[Red bar]	[Red bar]			

† Data on frequency of side effects is not available.

## Tips from pharmacists

- You should avoid applying Amlactin (ammonium lactate) right after shaving as it can cause burning and stinging.
- The risk of skin irritation with Amlactin (ammonium lactate) is higher when used on the face.
- Sometimes Amlactin (ammonium lactate) can make your skin feel worse. If this happens, stop use and talk to your doctor.
- Shake the lotion form before use.
- Avoiding hot water and harsh skin products can help relieve dry skin. Ask your pharmacist for recommendations on non-irritating, mild cleansers.
- Makes your skin more sensitive to the sunlight. Be sure to wear sunscreen and protective clothing.

## Risks and warnings

Contact your doctor if you experience any of these.

### Skin irritation

Amlactin (ammonium lactate) may cause initial burning or stinging that should go away. Don't use it on sensitive, irritated, or broken skin. Talk to your doctor if the irritation does not go away.

### Sunburn

Amlactin (ammonium lactate) can make your skin more sensitive to sunlight. Wear sunscreen and protective clothing when going out. Avoid direct exposure to the sun and tanning.

### For external use only

Amlactin (ammonium lactate) is for use on the skin only. Avoid getting Amlactin (ammonium lactate) in your eyes, mouth, genitals and rectum. Be careful when applying Amlactin (ammonium lactate) on the face.