

Arnuity Ellipta (fluticasone) basics

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IODINE

Controls asthma. An easy-to-use, convenient inhaler for asthma patients 12 years or older.

What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.

	Hours	Days	Weeks	Months	Long term
Arnuity Ellipta (fluticasone) Drug effectiveness					

Possible side effects

	Hours	Days	Weeks	Months	Long term
Headache 13% chance vs. 10% placebo*					
Common cold 13% chance vs. 12% placebo*					
Cough 3% chance					
Fever†					
Sore throat 4% chance vs. 3% placebo*					
Backache 4% chance vs. 6% placebo*					

* Placebo is a sugar pill with no medicinal benefit.

† Data on frequency of side effects is not available.

Tips from pharmacists

- You should take it at the same time every day to prevent asthma attacks. It doesn't treat an ongoing asthma attack. Use your rescue inhaler if you have sudden difficulty with breathing.
- Gargle with warm water after each inhalation to prevent any fungal infections in your mouth and throat.
- Do not open and close the cover if you do not intend to use the medicine. You will lose doses of the medicine.
- Do not breathe out into the mouthpiece.

Risks and warnings

Contact your doctor if you experience any of these.

Increased risk of infections

Arnuity Ellipta (fluticasone) can lower your immune system and make it easier to get infections. Talk to your doctor if you find yourself getting sick more often.

Not for asthma attack

While Arnuity Ellipta (fluticasone) can control your asthma, it can't stop an asthma attack that's already happening. Make sure to always have your rescue inhaler around at all times.

Sudden breathing problems

Although rare, Arnuity Ellipta (fluticasone) can cause breathing problems like an asthma attack. If this happens, use your rescue inhaler and talk to your doctor right away or go to the emergency room. You might have to be switched to a new medicine.