

Astepro (azelastine) basics

Relieves nasal allergy symptoms. Astepro (azelastine) is an antihistamine nasal spray that can help with allergy or nasal symptoms.

What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.

	Hours	Days	Weeks	Months	Long term
Astepro (azelastine) Drug effectiveness					
Possible side effects†					
Bitter taste					
Headache					
Nose discomfort					
Nosebleeds					
Sleepiness					
Abnormal taste sensation					

† Data on frequency of side effects is not available.

Tips from pharmacists

- Astepro (azelastine) starts working in 15 minutes.
- Before using Astepro (azelastine) for the first time and when you haven't used it in 3 days, spray it into the air until you see a fine mist.
- Blow your nose before using the spray. As you're using Astepro (azelastine), breathe in slowly. If needed, wait a few minutes after using Astepro (azelastine) before you blow your nose.
- Tilt your head forward to avoid getting a bitter taste while spraying the medicine.

Risks and warnings

Contact your doctor if you experience any of these.

Difficulty concentrating

There's a chance that Astepro (azelastine) can lower your ability to focus, think, and react quickly. Be careful and avoid activities that require you to be alert, such as driving a car or operating machinery, until you know how this medication affects you.