

# Axid (nizatidine) basics

**Treats ulcers and acid reflux.** Works well for stomach and intestinal ulcers and mild acid reflux.

## What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.



† Data on frequency of side effects is not available.

## Tips from pharmacists

- You can take Axid (nizatidine) with or without food. If you have upset stomach, taking it with food may help.
- Make sure you measure the correct amount needed when using the solution. Your pharmacist can provide a measuring device.
- Talk to your doctor or pharmacist about a diet plan that will help reduce your acid reflux symptoms.
- Long-term use of medications like Axid (nizatidine) in the elderly may lead to bone mineral loss, vitamin deficiencies, and frail bones. Do not use Axid (nizatidine) for longer than 14 days without consulting a doctor or pharmacist.

## Risks and warnings

Contact your doctor if you experience any of these.

### Low vitamin B12

Using Axid (nizatidine) for 2 or more years can cause low vitamin B12 levels, which can lead to low energy. If you're on Axid (nizatidine) for a long time, your doctor may have you get lab tests to check your vitamin levels.

### Stomach cancer

Sometimes stomach and digestion problems can be a result of stomach cancer. It's important to have regular checkups with your doctor even if Axid (nizatidine) relieves your symptoms.

### Kidney problems

Let your doctor know if you have a history of kidney problems before taking Axid (nizatidine). People with kidney problems may need to take a lower dose or may need to use a different medication.