

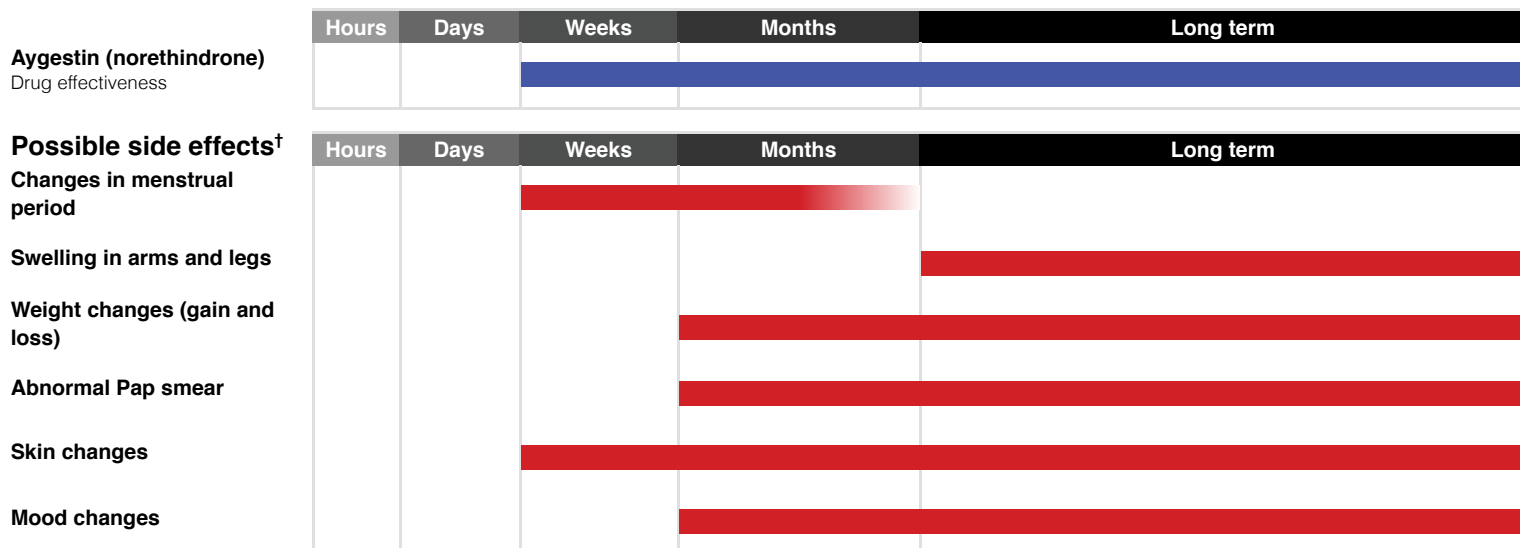
Aygestin (norethindrone) basics

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Regulates your menstrual cycle and treats irregular bleeding. Aygestin (norethindrone) regulates the menstrual cycle and treats heavy or irregular vaginal bleeding. It's easy to take and isn't expensive.

What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.



[†] Data on frequency of side effects is not available.

Tips from pharmacists

- The dose of Aygestin (norethindrone) will be different depending on what you're using it for, so take it exactly the way your doctor tells you.
- It's important to take it at the same time every day.
- Talk to your doctor every few months about using the lowest possible dose of Aygestin (norethindrone). Since there can be a lot of long-term side effects, take it only as long as you need it.
- If you're taking Aygestin (norethindrone) to regulate your period, you'll get withdrawal bleeding 3 to 7 days after stopping Aygestin (norethindrone).
- Aygestin (norethindrone) can cause cramps, bloating, trouble sleeping, acne, weight gain, or irregular periods.
- Tell your doctor about any severe stomach pain or yellowing of your eyes or skin.

Risks and warnings

Contact your doctor if you experience any of these.

Increased risk of blood clots and stroke

Aygestin (norethindrone) can raise your risk of blood clots, which can be very dangerous. You're more likely to have them if you smoke tobacco, are obese, or if you or your family have ever had blood clots. Get medical care right away if you have pain in your legs or arms, bad headaches, trouble breathing, or sudden changes in your speech or vision.

Abnormal vision changes

Aygestin (norethindrone) can cause vision changes, including vision loss. If you notice difficulties seeing or any other changes to your sense of sight, tell your doctor right away.

Depression

Aygestin (norethindrone) can make existing depression worse. Let your doctor know if you have a history of or are taking medicines to treat depression before starting Aygestin (norethindrone).