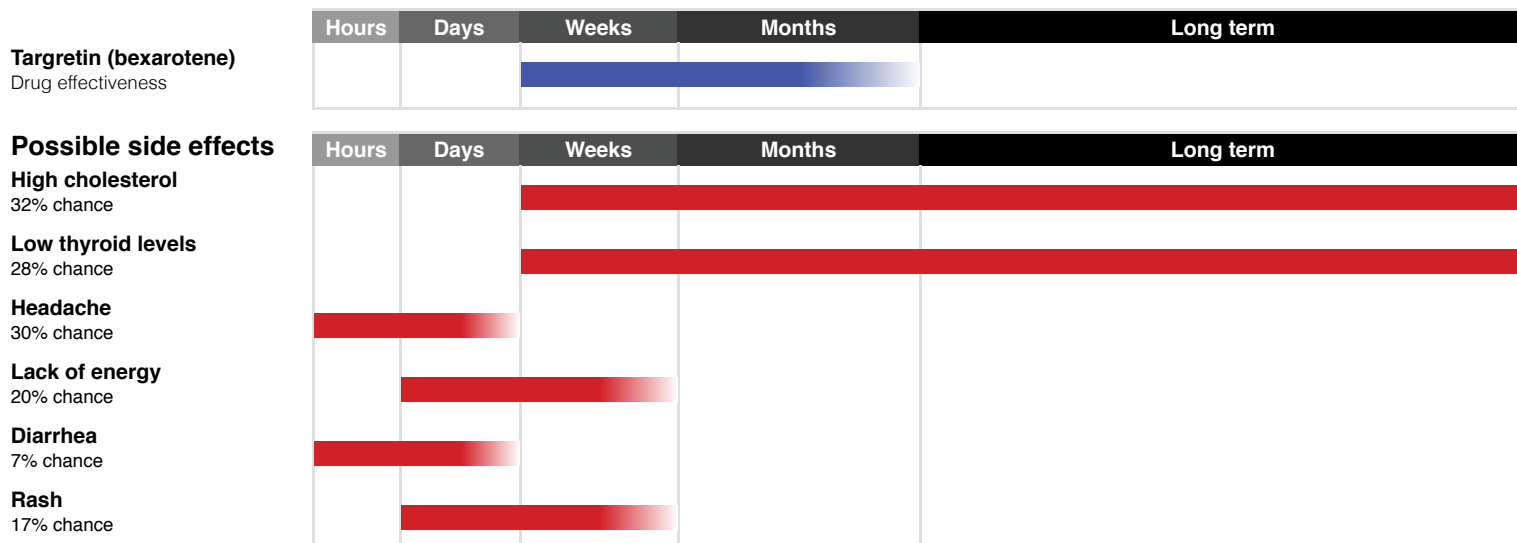


# Targretin (bexarotene) basics

**Helps treat skin tumors from T-cell lymphoma.** Targretin (bexarotene) is reserved for when T-cell lymphoma spreads to the skin, but is only used when you haven't responded well enough to other medicines.

## What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.



## Tips from pharmacists

- Take Targretin (bexarotene) pills once daily with meals. Take pills whole. Don't open, crush, or chew. Avoid drinking grapefruit juice.
- Wear extra protective clothing and sunscreen if you plan on being in the sun or UV light. Targretin (bexarotene) makes your skin more sensitive to the sun.
- Don't take more than 4,000 IU of vitamin A per day.
- Use 2 types of birth control, including 1 non-hormonal (condom, diaphragm, etc.) starting 1 month before treatment with Targretin (bexarotene), during treatment, and for 1 month after stopping treatment. Talk to your doctor if you think you may be pregnant.

## Risks and warnings

The FDA has identified these as possible serious or life-threatening risks with this medication. Contact your doctor if you experience any of these.

### Harm to unborn baby

Targretin (bexarotene) can harm an unborn baby during pregnancy. Don't use Targretin (bexarotene) while pregnant. Male partners receiving Targretin (bexarotene) must use a condom during sex. Stop Targretin (bexarotene) if you become pregnant. Talk to your doctor about finding different medicines if you're pregnant or want to become pregnant.

### High blood lipids

Targretin (bexarotene) can raise your blood lipids (fats). Your doctor will order blood tests to check your lipid levels. If you stop taking Targretin (bexarotene), your lipids will return to their normal values.

### Cloudy lenses in the eyes

Targretin (bexarotene) can cause new or worsened cataracts (cloudy lenses in the eyes). Tell your doctor if you notice unexplained changes in your vision.