

Butisol (butabarbital) basics

Helps you fall asleep. Butisol (butabarbital) is not very good for sleeping problems because it can be addictive.

What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.

	Hours	Days	Weeks	Months	Long term
Butisol (butabarbital) Drug effectiveness					
Possible side effects†					
Addiction and tolerance					
Behavior changes					
Excitement					
Breathing problems					

† Data on frequency of side effects is not available.

Tips from pharmacists

- Don't use Butisol (butabarbital) for more than 2 weeks, since it doesn't work as well after that.
- Don't stop Butisol (butabarbital) suddenly, especially if you've been taking it for a while. Talk to your doctor about how to get off it safely.
- Don't drink alcohol or take narcotics with Butisol (butabarbital) since this can slow your breathing.
- Butisol (butabarbital) can make your birth control less effective. You should use condoms or diaphragms while taking it.
- Talk to your doctor if Butisol (butabarbital) doesn't help you sleep better after taking it for 7 days.

Risks and warnings

Contact your doctor if you experience any of these.

Addiction and tolerance

Butisol (butabarbital) doesn't work as well after you've been taking it for two weeks because your body gets used to it. Also, it can be very dangerous if you try to stop taking Butisol (butabarbital) suddenly if you've been on it for a long time. Talk to your doctor if you want to stop taking it.

Behavior changes

People on Butisol (butabarbital) have reported changes in behavior or unusual behaviors. This includes hallucinations and worsening depression. People have also done activities in their sleep while taking Butisol (butabarbital) that they don't remember, like driving, cooking and eating, and making phone calls. Talk to your doctor right away since you should probably be on a different medicine.

Feeling awake

If you're having acute or chronic pain, or if you're older, Butisol (butabarbital) can cause you to feel more awake instead of sleepy, or you may not notice changes in your pain until it wears off. Talk to your doctor about other options to help you sleep if this happens.