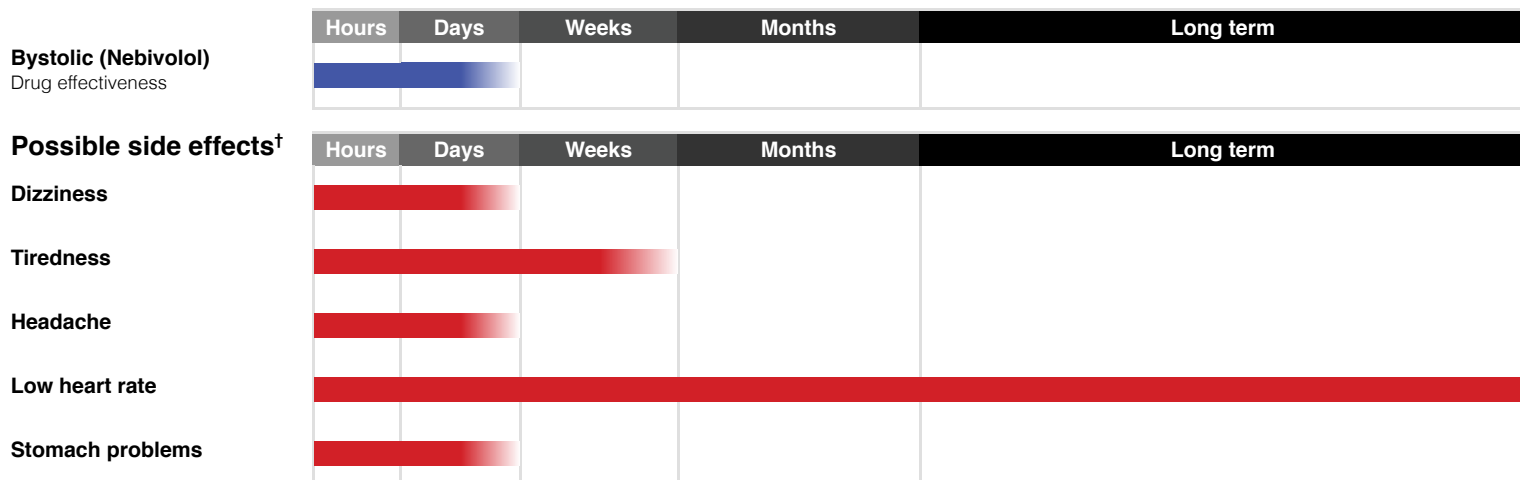


# Bystolic (Nebivolol) basics

**Lowers blood pressure and controls heart rate.** Bystolic (Nebivolol) is a good blood pressure-lowering medicine for people with heart conditions, and has fewer side effects than other beta blockers, but it's expensive. You can't miss doses.

## What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.



† Data on frequency of side effects is not available.

## Tips from pharmacists

- Can cause headache, dizziness, or feeling short of breath in the first few days.
- Check your blood pressure 1 week after starting this medicine, and tell your doctor if it hasn't improved.
- If side effects don't go away, talk to your doctor about alternatives.
- Don't stop taking this medicine suddenly.

## Risks and warnings

Contact your doctor if you experience any of these.

### Heart problems

Stopping Bystolic (Nebivolol) suddenly can cause irregular fast heartbeat, high blood pressure, poor blood circulation to your heart and increase your risk of chest pain or heart attack. Work with your doctor to gradually reduce your dose.

### Trouble breathing (bronchospastic disease)

Beta-blocker medicines like Bystolic (Nebivolol) is generally not recommended for people with bronchospastic disease, like asthma, because it can trigger difficulty breathing. Bystolic (Nebivolol) has a lower chance of causing difficulty breathing, but should only be used under careful supervision of a doctor.

### Low blood sugar unawareness

Use of Bystolic (Nebivolol) can hide symptoms of low blood sugar (hypoglycemia), which can be life-threatening. If you have diabetes, be aware of other signs of low blood sugar, such as hunger, irritability, headache, sweating, and confusion.