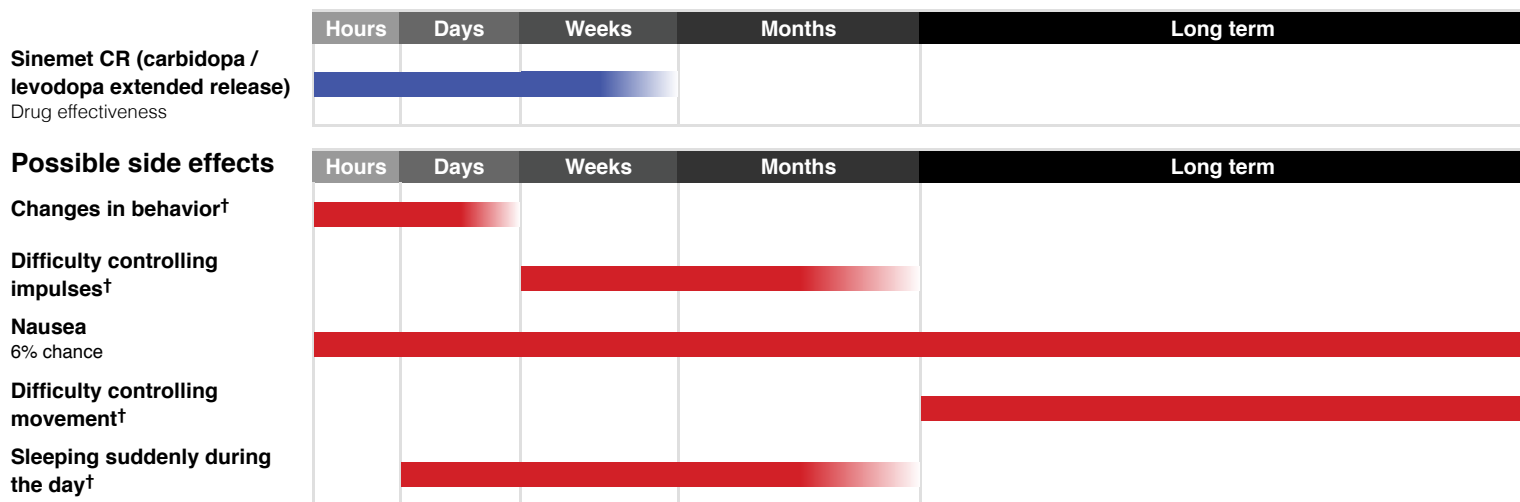


Sinemet CR (carbidopa / levodopa extended release) basics Powered by IODINE

Treats Parkinson's disease. Sinemet CR (carbidopa / levodopa extended release) is the first choice treatment for Parkinson's disease.

What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.



† Data on frequency of side effects is not available.

Tips from pharmacists

- Sinemet CR (carbidopa / levodopa extended release) can make you very sleepy. Don't drive or do anything that requires concentration until you know how your body reacts to it.
- Your saliva, sweat and urine may have dark color and stain your clothing while taking Sinemet CR (carbidopa / levodopa extended release).
- Take Sinemet CR (carbidopa / levodopa extended release) 30-60 minutes before a meal so that your body can properly absorb it. Don't eat too much high protein foods (meat, milk, cheese or nuts) because doing so can prevent it from getting absorbed into your body.
- Sinemet CR (carbidopa / levodopa extended release) may cause unusual cravings in some people.

Risks and warnings

Contact your doctor if you experience any of these.

Falling asleep during the day

Sinemet CR (carbidopa / levodopa extended release) can make you sleepy or fall asleep suddenly without warning. Don't drive or do anything that requires your full concentration until you know how Sinemet CR (carbidopa / levodopa extended release) affects you. You're more at risk if you're taking other medicines for Parkinson's. Talk to your doctor if this bothers you.

High fever and confusion

Stopping Sinemet CR (carbidopa / levodopa extended release) suddenly can be very dangerous. Symptoms include a very high fever, sweating, stiff muscles, and a fast or irregular heartbeat. Talk to your doctor about how to stop taking Sinemet CR (carbidopa / levodopa extended release) safely.

Changes in behavior

Some people taking Sinemet CR (carbidopa / levodopa extended release) have complained of hallucinations and other changes in behavior. This happens soon after you start taking Sinemet CR (carbidopa / levodopa extended release) and usually goes away if you lower the dose or stop taking the medicine. Talk to your doctor if this bothers you.