

Cialis (tadalafil) basics

Helps you get aroused and achieve an erection/orgasm. Cialis (tadalafil) is very effective and is the only medication in its class that treats both erectile dysfunction and enlarged prostate symptoms. You can also take it on a regular basis, which can allow for more spontaneity, but it can be expensive.

What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.

	Hours	Days	Weeks	Months	Long term
Cialis (tadalafil) Drug effectiveness					
Possible side effects					
Flushing 2% chance vs. 1% placebo*					
Headache 11% chance vs. 5% placebo*					
Stomach pain†					
Back pain 3% chance vs. 3% placebo*					
Common cold†					

* Placebo is a sugar pill with no medicinal benefit.

† Data on frequency of side effects is not available.

Tips from pharmacists

- Cialis (tadalafil) can be dosed in two ways: one that's taken on a regular basis and the other only when you need it. If you're taking Cialis (tadalafil) on a regular basis, take it at the same time every day.
- Try to avoid drinking alcohol when you're taking this medication since it can make dizziness worse.
- If you have an erection for more than 4 hours, go to the Emergency Department or call your doctor.
- Cialis (tadalafil) does not stop the spread of diseases like HIV or hepatitis that are passed through blood or having sex. Do not have any kind of sex without using a latex or polyurethane condom. Do not share needles or other things like toothbrushes or razors.
- Cialis (tadalafil) is not approved for use in women. If you are a woman using this drug, talk with your doctor if you are pregnant, plan on getting pregnant, or are breast-feeding.

Risks and warnings

Contact your doctor if you experience any of these.

Heart disease

It's not recommended for men to take Cialis (tadalafil) if they've had a heart attack in the past 3 months, a stroke or symptoms of heart failure in the past 6 months, abnormal blood pressure, or if they have chest pain during sexual activity. Cialis (tadalafil)'s safety and efficacy has not been studied in these type of patients. Talk to your doctor if you are interested in taking this medication.

Prolonged erection

There have been reports of men having an erection lasting more than 4 hours while on Cialis (tadalafil). This has been rare; however, if it occurs and if it's not treated in time, this can cause permanent damage to your penis, including impotence. Seek medical help immediately if this happens.

Vision changes

There have been reports of men having permanent vision loss while taking Cialis (tadalafil). Although this incidence is rare, go to the emergency room or call your doctor immediately if you suddenly notice changes in your vision in one or both eyes.