

Clarinet D (desloratadine / pseudoephedrine) basics

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Treats allergies and clears up nasal congestion. Clarinet D (desloratadine / pseudoephedrine) is a single-pill combination for treatment of allergies and nasal congestion, but it can keep you up at night.

What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.

	Hours	Days	Weeks	Months	Long term
Clarinet D (desloratadine / pseudoephedrine) Drug effectiveness					
Possible side effects†					
Headache					
Dry mouth					
Fatigue					

† Data on frequency of side effects is not available.

Tips from pharmacists

- Avoid taking close to bedtime since it can make you restless.
- Follow age-specific instructions on how much to take. Don't take more than what is recommended on the package.

Risks and warnings

Contact your doctor if you experience any of these.

High blood pressure

Clarinet D (desloratadine / pseudoephedrine) narrows blood vessels and can raise blood pressure. This is an issue, especially if you already have high blood pressure or glaucoma. Talk to your doctor or pharmacist if you have any questions.

Restlessness

Clarinet D (desloratadine / pseudoephedrine) activates your nervous system. This stimulating effect can be bad if you have heart problems, thyroid disease, or diabetes. Talk to your doctor before you start the medicine to see if it's safe.

Seizures

In some rare cases, Clarinet D (desloratadine / pseudoephedrine) makes you more likely to have seizures. Talk to your doctor if you have any questions, or if you're taking medicines to control seizures.