

# Clarinet (desloratadine) basics

**Treats allergy symptoms.** Clarinet (desloratadine) is a good option for once-daily allergy relief. It doesn't make you feel sleepy, but you need a prescription.

## What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.

	Hours	Days	Weeks	Months	Long term
<b>Clarinet (desloratadine)</b> Drug effectiveness					
<b>Possible side effects</b>					
<b>Headache†</b>					
<b>Dry mouth</b> 3% chance vs. 2% placebo*					
<b>Drowsiness†</b>					
<b>Dizziness†</b>					
<b>Muscle aches†</b>					
<b>Sore throat</b> 4% chance vs. 2% placebo*					

\* Placebo is a sugar pill with no medicinal benefit.

† Data on frequency of side effects is not available.

## Tips from pharmacists

- Take it once a day with or without food or as directed by your doctor.
- Works best if used regularly during allergy season.
- Can give you headache or dry mouth.
- In some rare cases, causes drowsiness, dizziness, sore throat, or muscle pain.

## Risks and warnings

Contact your doctor if you experience any of these.

### Serious allergic reactions

In some rare cases, there have been reports of rash, itching, hives, swelling, shortness of breath, and swelling in the face and throat with Clarinet (desloratadine). Go to the emergency room right away or call your doctor if this happens.