

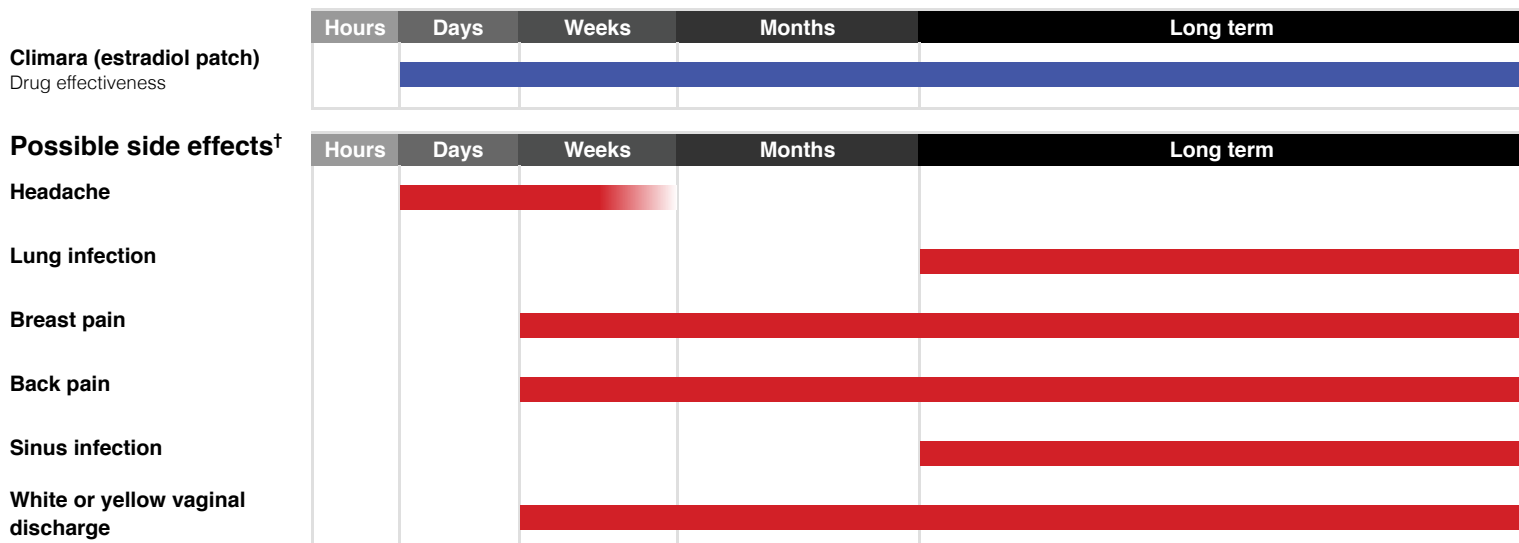
# Climara (estradiol patch) basics

Powered by  
**IODINE**

**Treats low estrogen, relieves menopause symptoms, and lowers your risk of osteoporosis.** Climara (estradiol patch) is a treatment for low estrogen that is used only once weekly, and it may have fewer side effects than oral estrogen pills.

## What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.



† Data on frequency of side effects is not available.

## Tips from pharmacists

- Remove the patch by tearing the package by hand and not with scissors. Never cut the patch.
- Apply the sticky side of the patch to clean, dry, hairless skin on your lower belly or the upper areas of your buttocks as directed by the manufacturer. Don't put it on your waistline or on your breasts. Press the patch firmly in place for at least 10 seconds, especially around the edges.
- Replace the patch every 7 days on a different area of your skin to prevent skin irritation.
- Fold together the sticky sides of used patches before throwing them away to avoid exposing others to the medicine. Don't flush them down the toilet.
- Should not be used forever. Talk to your doctor regularly to see if you still need treatment.
- Can cause nausea, dizziness, bloating, and breast tenderness. Tell your doctor right away if you have unusual vaginal bleeding.

## Risks and warnings

The FDA has identified these as possible serious or life-threatening risks with this medication. Contact your doctor if you experience any of these.

### Endometrial cancer

If you're taking Climara (estradiol patch) and have your uterus, you might have a higher risk of having endometrial cancer. Vaginal bleeding after menopause can be a warning sign, so let your doctor know if you notice any unusual bleeding. Using medicines like Climara (estradiol patch) for more than a year can increase your risk. Talk to your doctor about other medicines you can take with Climara (estradiol patch) to protect yourself from cancer if you are worried.

### Breast cancer

Climara (estradiol patch) might make you more likely to have breast cancer. You're at greater risk if you or your family have had breast cancer before or if you've used Climara (estradiol patch) or similar medicines for a year. Talk to your doctor about ways to protect yourself.

### Increased risk of blood clots and stroke

Climara (estradiol patch) can raise your risk of blood clots, which can be very dangerous. You're more likely to have them if you smoke tobacco, are obese, or if you or your family have ever had blood clots. Get medical care right away if you have pain in your legs or arms, severe headaches, trouble breathing, or sudden changes in your speech or vision.