

Clobex (clobetasol) basics

Helps with inflamed and itchy skin. Clobex (clobetasol) is a very strong topical medication that is effective for treating certain skin disorders and psoriasis, but it's expensive and should only be used for a maximum of 2 weeks at a time.

What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.

	Hours	Days	Weeks	Months	Long term
Clobex (clobetasol) Drug effectiveness		[Blue bar spanning Days, Weeks, and Months]			
Possible side effects†					
Skin irritation	[Red bar spanning Hours, Days, and Weeks]				
Skin burning	[Red bar spanning Hours]				
Skin itching	[Red bar spanning Hours, Days, and Weeks]				
Skin thinning			[Red bar spanning Weeks]		
Skin stinging	[Red bar spanning Hours]				

† Data on frequency of side effects is not available.

Tips from pharmacists

- Apply only a thin layer of Clobex (clobetasol) to the affected area(s) on your skin.
- Don't use Clobex (clobetasol) for more than 2 weeks at a time, unless told to do so by your doctor.
- Clobex (clobetasol) can't be used on the face, underarms, or groin area.
- Do not place bandage or dressings over the areas where the medicine is applied.
- For the shampoo, apply on dry hair and leave alone for 15 minutes before thoroughly washing it off.
- When using the spray, rub the medicine gently on the skin after applying.

Risks and warnings

Contact your doctor if you experience any of these.

Skin irritation and skin infection

Clobex (clobetasol) may cause skin irritation so if your condition does not improve or gets worse after application, stop using it and talk to your doctor. Clobex (clobetasol) can also increase the chances of getting a skin infection where it was applied, especially if you have open wounds. If your skin condition worsens or you notice reddening, pain, fever, or pus, contact your doctor.

Skin thinning

Clobex (clobetasol) can cause your skin to thin out if it's used for longer than 2 weeks at a time. Make sure to only apply the medication on the areas your doctor has told you, and let them know if it's not working.

Raised blood sugar

If Clobex (clobetasol) is used for a long period of time or over large areas of the body, there is a higher chance of it causing steroid-related effects, including raising your blood sugar. Don't use Clobex (clobetasol) for more than 2 weeks at a time. Use a very thin layer on the affected area(s) only. Also, don't put bandages or dressings over the areas where the medication is applied.