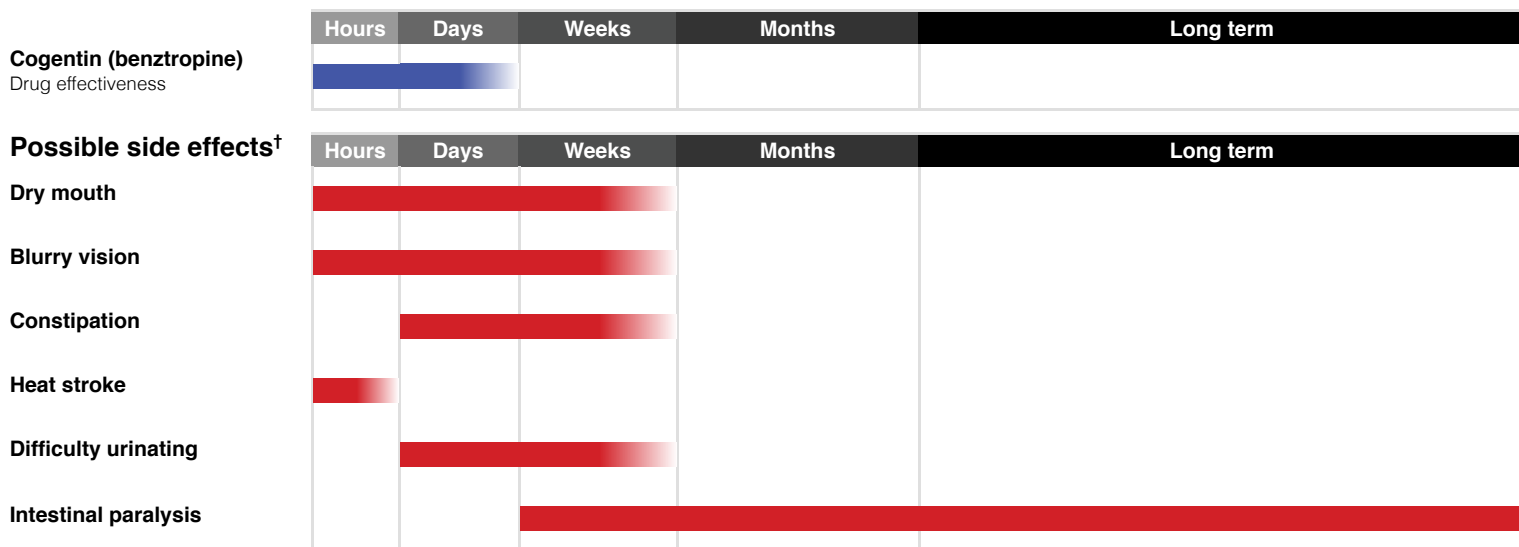


**Treats Parkinson's disease.** Good for treating tremors caused by Parkinson's and for treating uncontrolled movements in people taking antipsychotics.

## What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.



† Data on frequency of side effects is not available.

## Tips from pharmacists

- Can be taken with or without food. Take with a full glass of water.
- Drinking plenty of water, sucking hard candy, or chewing gum can help with the dry mouth Cogentin (benztropine) causes.
- Cogentin (benztropine) can interact with drugs used to treat depression or other mental illnesses. Talk to your doctor if you are on any of those other medications.
- Use lubricating eye drops since Cogentin (benztropine) can make your eyes dry or blurry.
- To lessen side effects, start with a smaller dose, especially if you are over 65 or more sensitive.
- Some people take their entire dose at bedtime, others take 3 to 4 doses throughout the day. You may need to try different methods to see what works best for you.

## Risks and warnings

Contact your doctor if you experience any of these.

### Intestinal paralysis

Cogentin (benztropine) can cause your intestines to stop moving which can be very dangerous. This happens more often if you're taking antidepressants or phenothiazines. Talk to your doctor right away if you're suddenly unable to have bowel movements or pass gas, especially if you have a fever.

### Weakness

Cogentin (benztropine) in large doses or sensitive people can cause muscle weakness or difficulty moving some of your muscles. Talk to your doctor right away if this happens, since you might have to change your dose.

### Dehydration

Cogentin (benztropine) can cause dry eyes, dry mouth, constipation and difficulty urinating. Drink plenty of liquids to stay hydrated. Talk to your doctor if these side effects become bothersome or don't go away after some time.