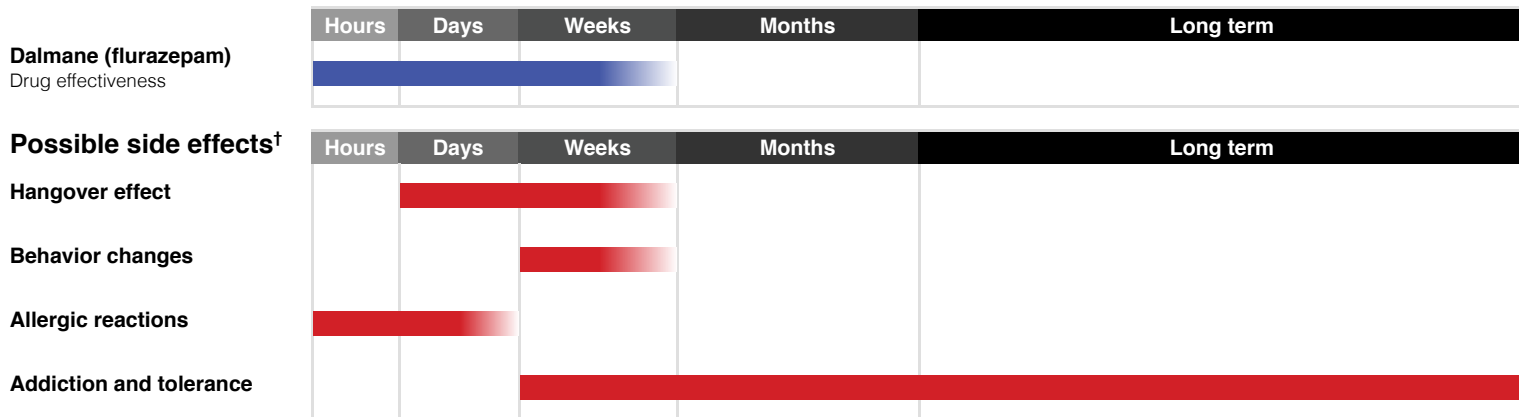


Dalmane (flurazepam) basics

Helps you fall asleep. Dalmane (flurazepam) helps you fall asleep, but its effect can carry over to the next day and be addictive.

What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.



† Data on frequency of side effects is not available.

Tips from pharmacists

- Can be dangerous if combined with alcohol or narcotics.
- Effect lasts long and may carry into the next morning. Take Dalmane (flurazepam) only if you expect to be in bed for full 7-8 hours.
- Can cause rebound insomnia if you stop taking it, especially if you've been on it for a while.
- Can cause sleep walking or doing other behaviors while asleep. Talk to your doctor right away if this happens.

Risks and warnings

Contact your doctor if you experience any of these.

Behavior changes

Dalmane (flurazepam) can cause behavioral changes, especially if you've been taking it for 7 days and it hasn't helped you fall asleep. This includes "sleep driving" and other sleep-related behaviors that you may not remember doing. This is more likely to happen if combine Dalmane (flurazepam) with alcohol, narcotics, anxiety medicines, or antihistamines.

Allergic reactions

Can cause allergic reactions. Talk to your doctor right away if you develop rash, hives, or swelling of the throat.

Hangover effect

People taking Dalmane (flurazepam) for sleep have reported having difficulty concentrating the next day, and have problems driving or operating machinery. Talk to your doctor if this is a problem.