

Dok-plus (docusate and senna) basics

Relieves occasional constipation. Dok-plus (docusate and senna) is a good choice to help relieve constipation, but should only be used occasionally.

What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.

	Hours	Days	Weeks	Months	Long term
Dok-plus (docusate and senna) Drug effectiveness	[Blue gradient bar]				
Possible side effects†	Hours	Days	Weeks	Months	Long term
Stomach cramps	[Red gradient bar]				
Nausea	[Red gradient bar]				
Vomiting	[Red gradient bar]				
Diarrhea	[Red gradient bar]				

† Data on frequency of side effects is not available.

Tips from pharmacists

- Take at bedtime with a full glass of water.
- Don't take Dok-plus (docusate and senna) more than a week without telling your doctor. If you do not have a bowel movement after using this drug, talk to your doctor.
- It will take about 6 to 12 hours for you to pass stool after taking Dok-plus (docusate and senna).
- Don't take other drugs within 2 hours of Dok-plus (docusate and senna).
- Stop taking Dok-plus (docusate and senna) if you start to have loose stools.

Risks and warnings

Contact your doctor if you experience any of these.

Stomach problems

Don't use Dok-plus (docusate and senna) if you're having nausea, vomiting, rectal bleeding, or a sudden change in your bowel movements that lasts for more than 2 weeks. If you have rectal bleeding while using Dok-plus (docusate and senna), stop taking it and talk to your doctor.

Using mineral oil at the same time

Don't use Dok-plus (docusate and senna) with mineral oil. Using it together may cause your body to be exposed to dangerous levels of mineral oil, possibly damaging your liver and other tissues.

Length of use

Don't use Dok-plus (docusate and senna) for more than a week at a time without the recommendation of your doctor. If your constipation is not relieved after a week, make an appointment with your doctor, since there could be something more serious happening.