

Estrace vaginal cream (Estradiol vaginal cream) basics

Relieves vaginal dryness due to menopause. Estrace vaginal cream (Estradiol vaginal cream) works well to treat menopausal symptoms localized to the vagina.

What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.

	Hours	Days	Weeks	Months	Long term
Estrace vaginal cream (Estradiol vaginal cream) Drug effectiveness			[Blue bar spanning Weeks and Months]		
Possible side effects†					
Vaginal discomfort	[Red bar]				
Headache	[Red bar]	[Red bar]			
Abdominal pain		[Red bar]	[Red bar]		

† Data on frequency of side effects is not available.

Tips from pharmacists

- Works best when applied at bedtime.
- Avoid vaginal sex immediately after application to prevent unnecessary exposure of your partner to the medicine.
- Consider wearing a panty liner after application if there is any leakage. Lie on your back with your knees bent upwards. Insert the applicator deeply into your vagina and press the plunger to release all the medicine.
- Clean the applicator with soap and warm water after each use.

Risks and warnings

The FDA has identified these as possible serious or life-threatening risks with this medication. Contact your doctor if you experience any of these.

Endometrial cancer

Unusual vaginal bleeding during menopause can be a sign of cancer in the uterus. Let your doctor know if you notice any vaginal bleeding while on Estrace vaginal cream (Estradiol vaginal cream). The risk for cancer of the uterus increases the longer you're on this medicine. Talk to your doctor about other medicines you can take to protect yourself if you are worried.

Breast cancer

Estrace vaginal cream (Estradiol vaginal cream) increases your risk for breast cancer. Talk to your doctor about ways to protect yourself, especially if you or someone in your family has breast cancer.

Increased risk of blood clots and stroke

Estrace vaginal cream (Estradiol vaginal cream) can cause blood clots and be very dangerous. This is more likely to happen if you are a current smoker, obese, or have history of blood clots. Get medical care right away if you have pain in your legs or arms, trouble breathing, or sudden changes in your speech or vision.