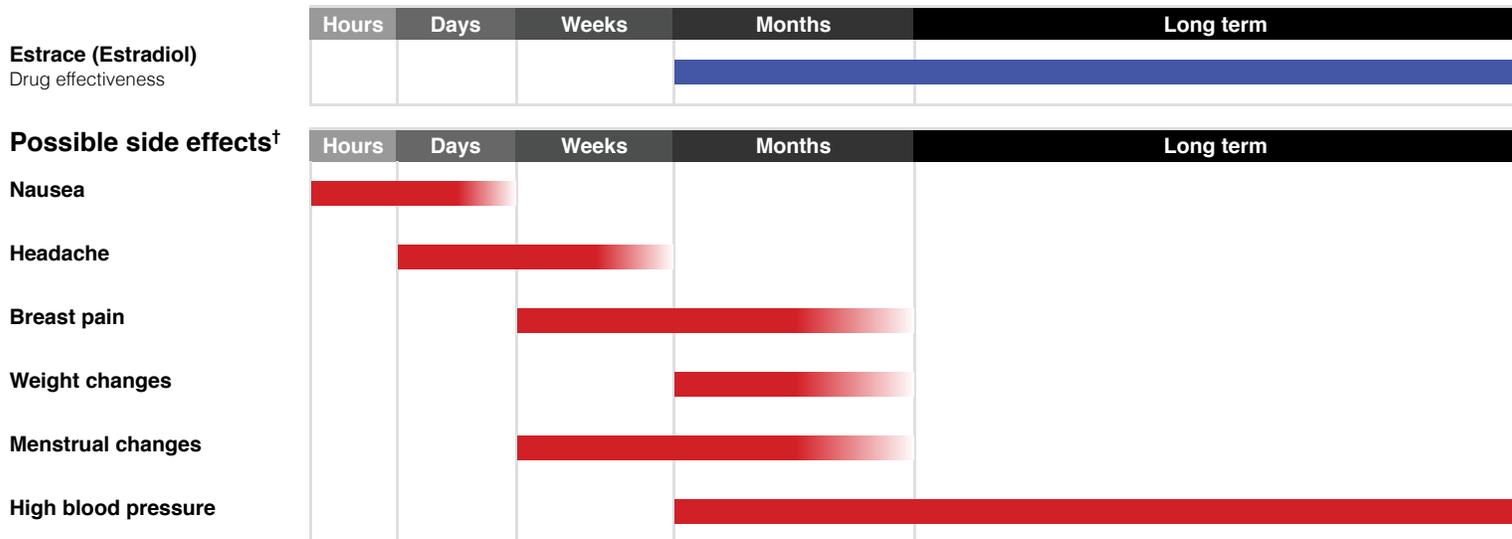


# Estrace (Estradiol) basics

**Relieves hot flashes and vaginal symptoms related to menopause.** Estrace (Estradiol) treats symptoms of menopause, but causes more of side effects than other medicines like it.

## What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.



† Data on frequency of side effects is not available.

## Tips from pharmacists

- Take Estrace (Estradiol) exactly the way your doctor tells you since the dosing frequency varies depending on why you're using it.
- Check in with your doctor regularly to see if you still need to be on this medicine. It is not meant to be used indefinitely.
- You may need to take another medicine known as progestin to protect yourself from uterine cancer. Talk to your doctor about this, especially if you have not had your uterus removed.
- Tell your doctor right away about any unusual vaginal bleeding.
- Get emergency help if you notice unexplained swelling and pain in your limbs, shortness of breath, chest pain, severe headache, or changes in vision.

## Risks and warnings

The FDA has identified these as possible serious or life-threatening risks with this medication. Contact your doctor if you experience any of these.

### Endometrial cancer

Unusual vaginal bleeding during menopause can be a sign of cancer in the uterus. Let your doctor know if you notice any vaginal bleeding while on Estrace (Estradiol). The risk for cancer of the uterus increases the longer you're on this medicine. Talk to your doctor about other medicines you can take to protect yourself if you are worried.

### Breast cancer

Estrace (Estradiol) increases your risk for breast cancer. Talk to your doctor about ways to protect yourself, especially if you or someone in your family has breast cancer.

### Increased risk of blood clots and stroke

Estrace (Estradiol) can cause blood clots and be very dangerous. This is more likely to happen if you are a current smoker, obese, or have history of blood clots. Tell your doctor right away if you have pain in your legs or arms, trouble breathing, or sudden changes in your speech or vision.