

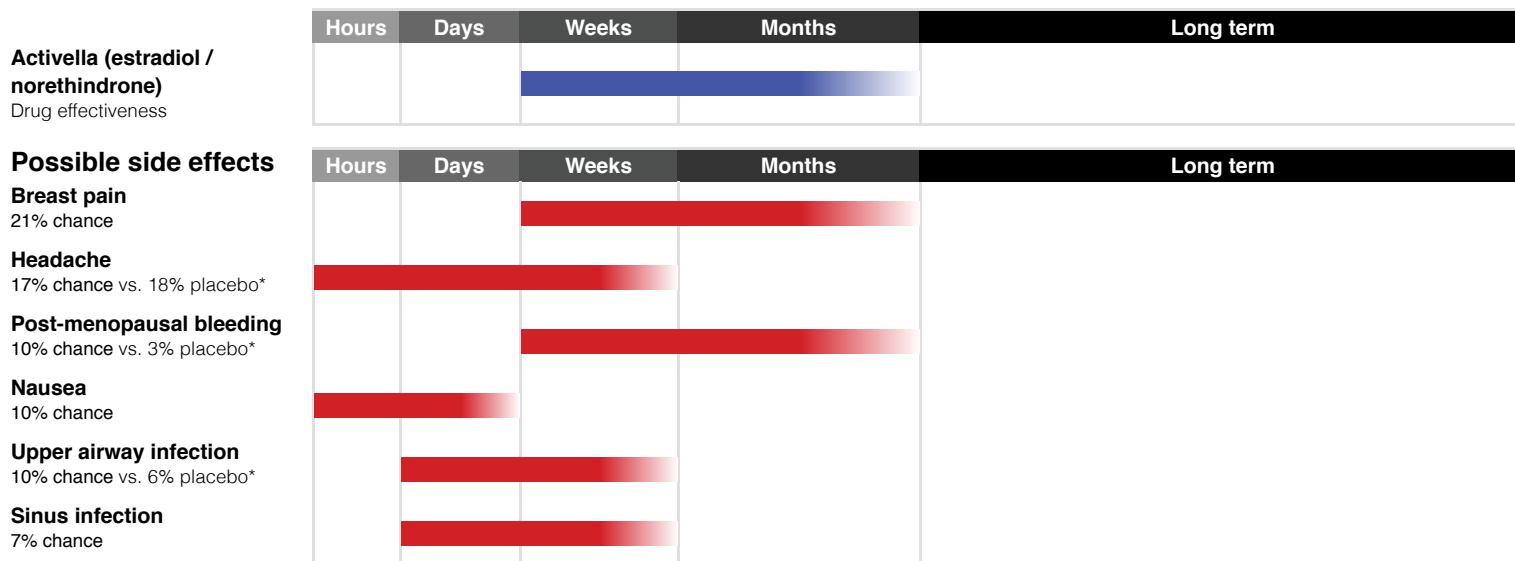
Activella (estradiol / norethindrone) basics

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Relieves menopause symptoms and lowers your risk of osteoporosis. Activella (estradiol / norethindrone) helps relieve menopausal symptoms and prevent bone loss. There can be many side effects, so it's important to talk to your doctor about the benefits and potential hassles of this drug before using it.

What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.



* Placebo is a sugar pill with no medicinal benefit.

Tips from pharmacists

- Take Activella (estradiol / norethindrone) once a day at the same time every day.
- Don't use Activella (estradiol / norethindrone) indefinitely. Talk to your doctor regularly to see if you still need treatment.
- Tell your doctor about any unusual vaginal bleeding.
- Get emergency care if you notice unexplained swelling and pain in your limbs, shortness of breath, chest pain, severe headache, or changes in vision.

Risks and warnings

The FDA has identified these as possible serious or life-threatening risks with this medication. Contact your doctor if you experience any of these.

Endometrial cancer

If you're taking Activella (estradiol / norethindrone) and have an intact uterus, you might have a higher risk of having endometrial cancer. Vaginal bleeding after menopause can be a warning sign, so let your doctor know if you notice any unusual bleeding. Using medicines like Activella (estradiol / norethindrone) for more than a year can raise your risk. Talk to your doctor about other medicines you can take with Activella (estradiol / norethindrone) to protect yourself from cancer if you are worried.

Breast cancer

Activella (estradiol / norethindrone) can raise your risk of having breast cancer. You're at higher risk if you or your family have had breast cancer before or if you've used Activella (estradiol / norethindrone) or similar medicines before. While taking Activella (estradiol / norethindrone), you should receive yearly breast exams by your doctor and perform monthly breast self-exams.

Increased risk of blood clots and stroke

Activella (estradiol / norethindrone) can raise your risk of blood clots, which can be very dangerous. Get medical care right away if you have pain or swelling in your legs or arms, severe headache, trouble breathing, or sudden changes in your speech or vision.