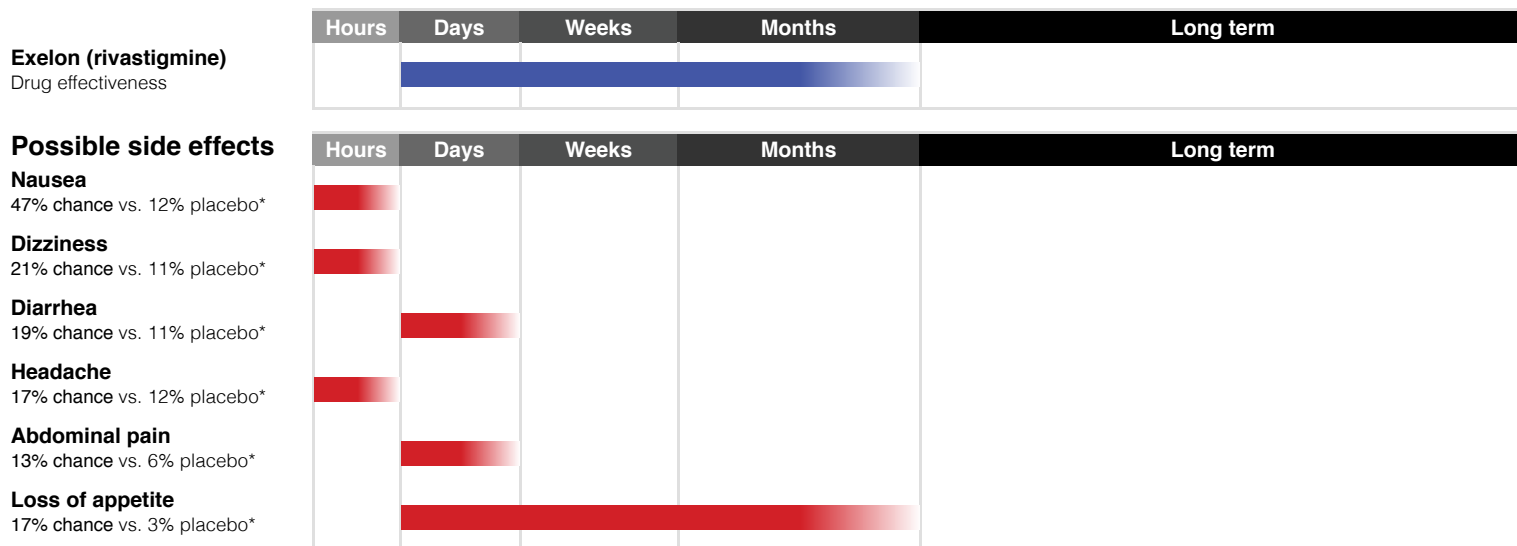


# Exelon (rivastigmine) basics

**Treats dementia due to Alzheimer's disease or Parkinson's disease.** Exelon (rivastigmine) relieves the symptoms of dementia, but doesn't stop or reverse progression of Alzheimer's or Parkinson's disease.

## What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.



\* Placebo is a sugar pill with no medicinal benefit.

## Tips from pharmacists

- Avoid activities that require full mental attention until you know how this medication affects you.
- Let your doctor know if you develop serious stomach, movement, or weight problems.
- If using the pill, take it 2 times a day with meals.
- If using the patch, make sure you know how to apply it. To prevent skin irritation, rotate the site of the patch every day.
- Avoid use of heat sources (such as sunlamps, tanning beds, hot tubs) when using the patch, as these can increase your risk of side effects.
- Ask your doctor before drinking alcohol while on Exelon (rivastigmine).

## Risks and warnings

Contact your doctor if you experience any of these.

### Stomach problems

The pill form of Exelon (rivastigmine) causes nausea, vomiting, and weight loss, especially at the start of treatment and after changes in dose. Talk to your doctor about the different ways you can manage these symptoms.

### Skin sensitivity

The adhesive from the patch form of Exelon (rivastigmine) can irritate your skin. The irritation should go away once the patch is removed. Talk to your doctor if it doesn't resolve with removal of the patch.

### Muscle tremors

Exelon (rivastigmine) can cause muscle tremors. This may be troublesome, especially if you have Parkinson's disease. Talk to your doctor if this bothers you.