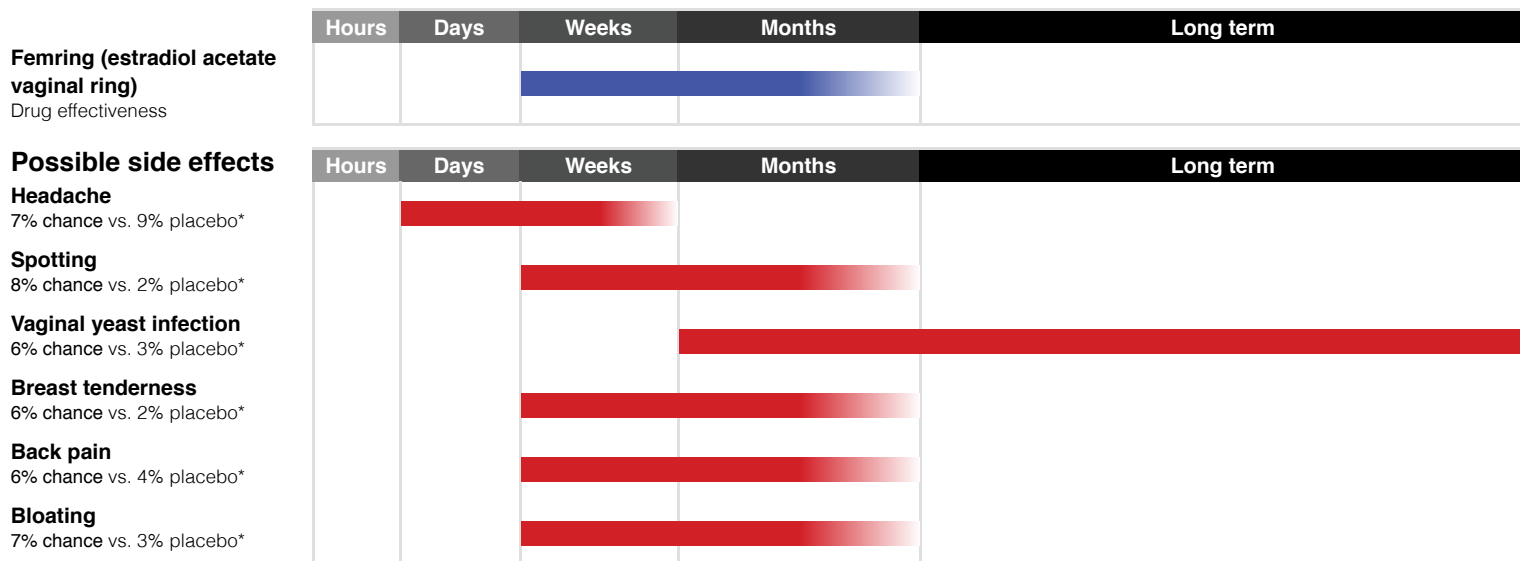


Femring (estradiol acetate vaginal ring) basics

Relieves hot flashes and vaginal dryness due to menopause. Femring (estradiol acetate vaginal ring) is dosed more conveniently than other forms of estrogen therapy (pills, gels, patches, and creams), but needs to be inserted directly into the vagina.

What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.



* Placebo is a sugar pill with no medicinal benefit.

Tips from pharmacists

- Wash your hands before and after use with warm water and soap. Make sure your hands are completely dry before handling the ring, since it can become slippery when wet.
- Insert the ring as far as you can into your vagina. You can insert it while standing with one leg raised, squatting, or lying down. You shouldn't feel the ring once it's inserted.
- The ring is effective for 90 days in your vagina. If it falls out at any time before the 90 days are up, just clean it with lukewarm water and reinsert.
- You don't need to remove Femring (estradiol acetate vaginal ring) to treat a vaginal infection or have sex.
- Most people feel the effects within 2 to 3 weeks of starting Femring (estradiol acetate vaginal ring). Talk to your doctor if you still don't feel better by then.
- Tell your doctor about any unusual vaginal bleeding.

Risks and warnings

The FDA has identified these as possible serious or life-threatening risks with this medication. Contact your doctor if you experience any of these.

Uterine cancer

Taking Femring (estradiol acetate vaginal ring) for more than a year increases your risk for uterine cancer. Talk to your doctor if this concerns you. Let your doctor know if you notice any unusual bleeding while on Femring (estradiol acetate vaginal ring).

Breast cancer

Taking estrogen and progestin together increases your risk for breast cancer. Talk to your doctor about ways to protect yourself, especially if you have a family history of breast cancer.

Blood clots and stroke

Femring (estradiol acetate vaginal ring) raises your risk for blood clots, especially if you smoke tobacco, are obese, or if you or your family have had blood clots in the past. Get medical care right away if you have pain in your legs or arms, bad headaches, trouble breathing, or sudden changes in your speech or vision.