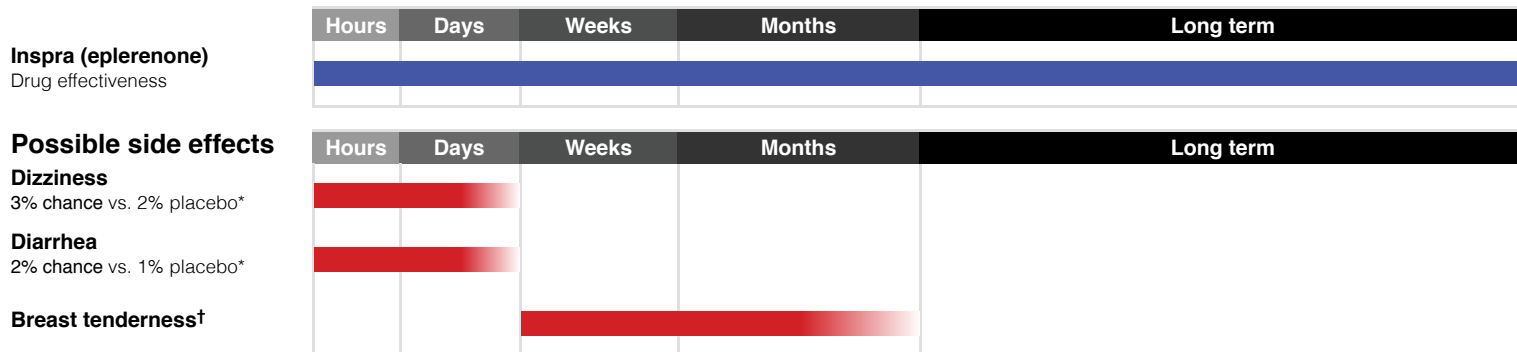


Inspra (eplerenone) basics

Helps lower blood pressure and protect the heart in people with heart failure. Inspra (eplerenone) lowers blood pressure and can help remove fluid when it's used with other drugs. It reduces the risk of death in people with heart failure and is usually used when people can't take spironolactone.

What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.



* Placebo is a sugar pill with no medicinal benefit.

† Data on frequency of side effects is not available.

Tips from pharmacists

- Inspra (eplerenone) can make you feel dizzy the first few days you're taking it.
- It can increase your potassium to dangerous levels, so don't use salt substitutes or other products that contain potassium.
- Women may notice breast tenderness or swelling and irregular periods.
- Shouldn't be used by people with kidney or liver damage.
- Your doctor will check the amount of potassium in your blood while you're on this drug.

Risks and warnings

Contact your doctor if you experience any of these.

Low blood pressure

Inspra (eplerenone) lowers your blood pressure and can make you feel lightheaded or dizzy. This should go away after a few days, but talk to your doctor if it doesn't. They may change your dose or put you on a different medication.

Heart problems from high potassium

Inspra (eplerenone) can increase the amount of potassium in your body. High potassium can cause heart problems, so your doctor may do frequent blood tests to check your potassium levels.

Breast pain or swelling

Inspra (eplerenone) can cause breast pain or swelling in both men and women. This usually goes away once you stop taking it. Talk to your doctor if it bothers you.