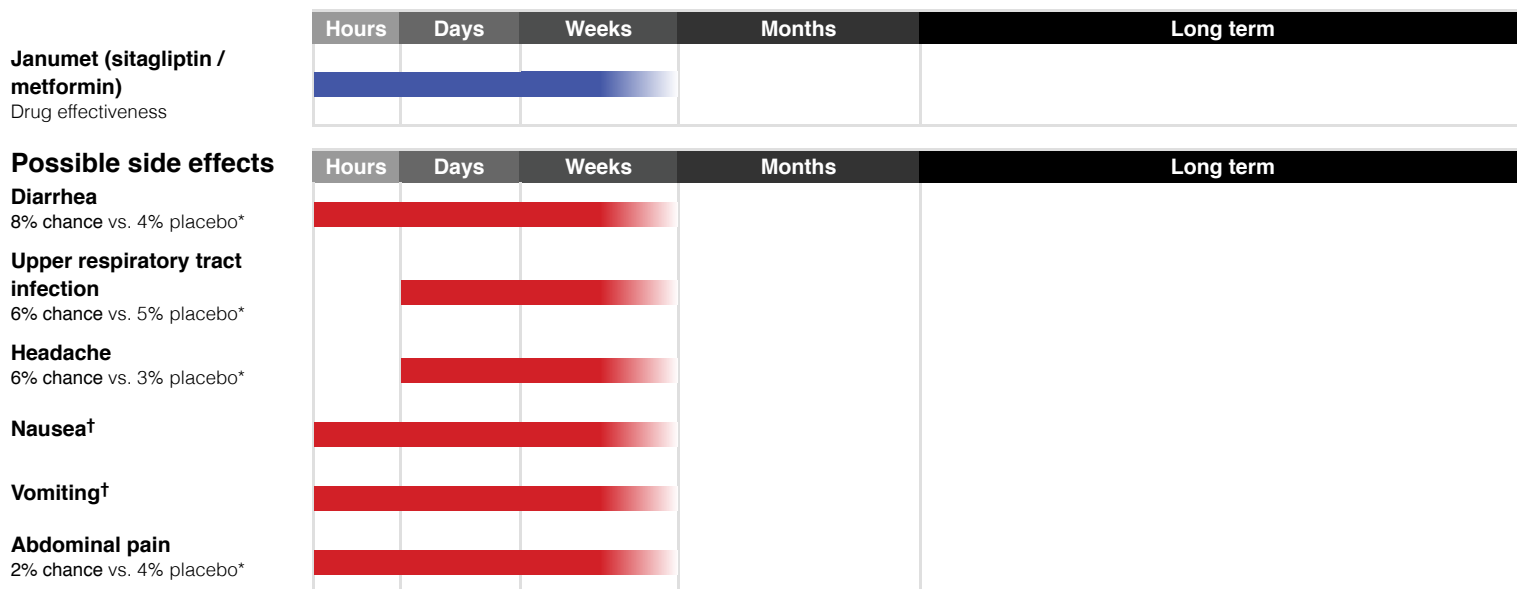


Janumet (sitagliptin / metformin) basics

Lowers your blood sugar. Janumet is a combination of two anti-diabetic medicines that work better together, but is available as brand only.

What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.



* Placebo is a sugar pill with no medicinal benefit.

† Data on frequency of side effects is not available.

Tips from pharmacists

- Take with food to avoid upset stomach with diarrhea, nausea, and vomiting.
- May cause headaches and cold-like symptoms.
- Tell your doctor about any deep or rapid breathing, or persistent nausea, vomiting, and stomach pain.
- Can be expensive depending on insurance coverage.
- Check your blood sugar regularly.

Risks and warnings

The FDA has identified these as possible serious or life-threatening risks with this medication. Contact your doctor if you experience any of these.

Excess lactic acid in the blood

Janumet (sitagliptin / metformin) can cause excess acid to build up in your blood. This is a rare life-threatening condition. You're more likely to get this if you already have kidney problems, are having surgery or any imaging that needs contrast dye. Your doctor will check your kidneys and liver functions before you start. Symptoms include deep and rapid breathing, nausea, vomiting, and stomach pain.

Low vitamin B12 levels

Janumet (sitagliptin / metformin) can lower the amount of vitamin B12 in your blood and lead to anemia. Let your doctor know if you consistently have low energy, muscle weakness, low appetite, or numbness on hands/feet. Getting blood tests can help figure out if you have anemia and if Janumet (sitagliptin / metformin) is the reason.

Inflammation of the pancreas

Janumet (sitagliptin / metformin) can cause inflammation of the pancreas. This can be life-threatening if not treated. Tell your doctor or go to the emergency room right away if you have sudden severe stomach pain, nausea, vomiting, or loss of appetite that don't go away.