

# Jardiance (empagliflozin) basics

**Lowers blood sugar.** Jardiance (empagliflozin) lowers blood sugar for people with diabetes, but can increase the chance of a yeast infection.

## What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.

	Hours	Days	Weeks	Months	Long term
<b>Jardiance (empagliflozin)</b> Drug effectiveness		[Blue bar spanning Days, Weeks, and Months]			
<b>Possible side effects†</b>					
<b>Urinary tract infection</b>		[Red bar spanning Days, Weeks, Months, and Long term]			
<b>Yeast infections</b>		[Red bar spanning Days, Weeks, Months, and Long term]			
<b>Increased urination</b>	[Red bar spanning Hours, Days, Weeks, Months, and Long term]				
<b>Joint pain</b>			[Red bar spanning Weeks, Months, and Long term]		

† Data on frequency of side effects is not available.

## Tips from pharmacists

- Take once a day in the morning with or without food.
- You urinate more often so make sure to stay properly hydrated.
- Can lower blood pressure.
- Increases the chances of yeast or urinary tract infection, so practice good hygiene.
- Check blood sugar and blood pressure regularly.
- Let your doctor know of any constant dizziness, joint pain, cold-like symptoms, or unexplained nausea/vomiting.

## Risks and warnings

Contact your doctor if you experience any of these.

### Low blood pressure

Jardiance (empagliflozin) can lower blood pressure. Monitor blood pressure regularly and stay hydrated. Let your doctor know if you are constantly dizzy or tired.

### Worsening kidney function

Jardiance (empagliflozin) can cause or worsen kidney problems. Make sure to stay properly hydrated. Get blood test for kidney function before starting Jardiance (empagliflozin), a few weeks after starting, and regularly thereafter.

### Too much acid in the blood

In rare cases, Jardiance (empagliflozin) has been associated with life-threatening acid build up in your body, even when blood sugar is close to the normal range. Go to the emergency room right away for unexpected nausea and/or vomiting.