

Kenalog (triamcinolone) basics

Treats inflamed and itchy skin as well as mouth lesions. Kenalog (triamcinolone) effectively treats certain skin inflammation disorders, but should only use for a maximum of 2 weeks at a time.

What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.

	Hours	Days	Weeks	Months	Long term
Kenalog (triamcinolone) Drug effectiveness					
Possible side effects†					
Dry mouth					
Inflamed skin around the mouth					

† Data on frequency of side effects is not available.

Tips from pharmacists

- Apply only a thin layer of Kenalog (triamcinolone) to the affected area(s) on your skin.
- Don't use Kenalog (triamcinolone) for more than 2 weeks at a time, unless your doctor approves it. For the oral paste, follow up with the doctor if you don't see improvement after 1 week.
- You can use dressings if needed along with the cream, ointment, or lotion, but watch out for infections (pain, redness, swelling).
- If you are using the oral paste, apply a thin amount to the affected area(s) of your mouth after meals and/or at bedtime, but don't rub it in.
- Avoid tight-fitting pants or diapers if you use the aerosol solution in the diaper area.

Risks and warnings

Contact your doctor if you experience any of these.

Skin irritation

Kenalog (triamcinolone) can cause skin irritation so if your condition doesn't get better within 10 days after starting the medicine, stop using it and talk to your doctor.

Raised blood sugar

If Kenalog (triamcinolone) is used for a long period of time or over large areas of the body, there is a higher chance of it raising your blood sugar. Don't use the medicine for more than 2 weeks. Only apply a very thin layer on the affected area(s). If you have diabetes, be sure to check your blood sugar more regularly.