

# Mobic (meloxicam) basics

**Relieves pain and inflammation.** Mobic (meloxicam) works well for pain and inflammation and you only take it once a day, but you need a prescription.

## What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.

	Hours	Days	Weeks	Months	Long term
<b>Mobic (meloxicam)</b> Drug effectiveness	[Blue gradient bar]				
<b>Possible side effects†</b>	Hours	Days	Weeks	Months	Long term
<b>Upset stomach</b>	[Red gradient bar]				
<b>Dizziness</b>	[Red gradient bar]				
<b>Unexplained weight gain</b>		[Red gradient bar]			
<b>High blood pressure</b>	[Red gradient bar]				
<b>Rash</b>	[Red gradient bar]				
<b>Headache</b>	[Red gradient bar]				

† Data on frequency of side effects is not available.

## Tips from pharmacists

- It should be taken only once a day, with food or milk to prevent stomach upset.
- Mobic (meloxicam) increases the risk of stomach bleeding so tell your doctor right away if you experience any bleeding.
- Do not take Mobic (meloxicam) with any blood thinners unless your doctor says so.
- If you are allergic to aspirin, you may be allergic to Mobic (meloxicam) as well.
- The capsule, suspension, and tablet forms of the medicine come in different strengths, so be careful when switching from one form to another.

## Risks and warnings

The FDA has identified these as possible serious or life-threatening risks with this medication. Contact your doctor if you experience any of these.

### Heart attack and stroke

Mobic (meloxicam) can increase your chances of getting blood clots, a heart attack, or stroke. To lower the risk of having these problems, take the medicine at the lowest dose and for the shortest time possible. Talk to your doctor right away if you experience chest pain, inability to breathe, weakness in 1 side of the body, or difficulty speaking.

### Stomach bleeding

Mobic (meloxicam) can cause stomach bleeding which can be dangerous. If you notice blood in your vomit or your stool has bright red blood or looks like black coffee grounds, or if you have pain in your stomach that doesn't go away, talk to your doctor right away.

### Severe allergic reaction

Mobic (meloxicam) can rarely cause a severe and dangerous allergic reaction. Symptoms can include skin rash, hives, face swelling, breathing problems, and wanting to pass out. Go to the emergency room right away if you can't breathe or you will faint after taking the medicine. If you had these problems before when you took aspirin or another NSAID, talk to your doctor first before taking Mobic (meloxicam).