

Monurol (fosfomycin) basics

Treats urinary tract infections. Monurol (fosfomycin) is a good antibiotic for treating urinary tract infections.

What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.

	Hours	Days	Weeks	Months	Long term
Monurol (fosfomycin) Drug effectiveness					
Possible side effects	Hours	Days	Weeks	Months	Long term
Allergic reaction†					
Nausea 5% chance					
Stomach pain†					
Stuffy nose and runny nose†					
Vaginal itchy, pain, or discharge†					
Headache 10% chance					

† Data on frequency of side effects is not available.

Tips from pharmacists

- You only have to take Monurol (fosfomycin) once to get rid of your infection.
- It comes in a powder that should be mixed with 1/2 cup of cool water and then taken right away by mouth.
- Monurol (fosfomycin) can be taken with or without food.
- Once starting Monurol (fosfomycin), symptoms should get better in 2 to 3 days. Tell your doctor if you don't feel better after 2 to 3 days.
- Diarrhea is a common side effect that should go away when you stop the medicine. Tell your doctor if it doesn't stop, or if you develop watery or bloody stools.
- Before taking Monurol (fosfomycin), tell your doctor if you are breastfeeding.

Risks and warnings

Contact your doctor if you experience any of these.

Diarrhea

As with all antibiotics, Monurol (fosfomycin) can cause diarrhea. Taking yogurt or probiotic supplements a few hours after you take the medicine may help. Some people can develop a severe form of diarrhea that happens a few weeks after you take Monurol (fosfomycin). However, this is rare. The symptoms include severe stomach pain with very loose or bloody stools. Talk to your doctor right away if this happens.