

Mytesi (crofelemer) basics

Relieves diarrhea in people with HIV. Mytesi (crofelemer) relieves diarrhea in people with HIV without interacting with HIV medications, but is brand only so it may be expensive.

What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.



* Placebo is a sugar pill with no medicinal benefit.

Tips from pharmacists

- You should take Mytesi (crofelemer) twice a day, with or without food.
- Don't crush or chew Mytesi (crofelemer) tablets. Swallow whole.
- Diarrhea can cause dehydration. It is best if you drink lots of water and low-sugar drinks. Try to avoid high-sugar drinks or caffeinated beverages.
- Eating foods that are easy to digest can help stomach pain. These include bananas, rice, wheat, potatoes, crackers, soup, and boiled vegetables.
- If you have severe diarrhea, talk to your doctor or pharmacist about special drinks that can keep you hydrated.

Risks and warnings

Contact your doctor if you experience any of these.

Infectious diarrhea

Mytesi (crofelemer) is not used to treat diarrhea caused by infections. Taking Mytesi (crofelemer) if your diarrhea is due to a stomach infection, it may make your infection worse. Your doctor will make sure you don't have a stomach or intestinal infection first. If your diarrhea doesn't get better within the first few days of Mytesi (crofelemer), talk to your doctor.