

Nymalize (nimodipine) basics

Helps with recovery after an episode of bleeding in the brain. Nymalize (nimodipine) acts specifically on the blood vessels of the brain to reduce long-term damage from brain bleed, but is expensive.

What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.



† Data on frequency of side effects is not available.

Tips from pharmacists

- Nymalize (nimodipine) lowers your blood pressure. Be careful when getting up from a sitting or lying position to avoid dizziness or lightheadedness.
- Take Nymalize (nimodipine) on an empty stomach one hour before a meal or two hours after eating. Take the capsule only by mouth and do not break it open.
- Follow your doctor's instructions on how to take the medication and finish the entire course of treatment as directed.
- Nymalize (nimodipine) can interact with other prescription as well as over-the-counter medications. Talk to your doctor or pharmacist to make sure that it is ok to continue taking your current medications.
- Avoid drinking or eating grapefruit while you are on Nymalize (nimodipine).

Risks and warnings

The FDA has identified these as possible serious or life-threatening risks with this medication. Contact your doctor if you experience any of these.

Life-threatening low blood pressure

Injection of Nymalize (nimodipine) causes rapid and severe drops in blood pressure. This is a medical emergency, which may result in death if not treated early. Nymalize (nimodipine) capsules should only be taken by mouth and never injected.

Monitoring of blood pressure

Nymalize (nimodipine) lowers your blood pressure. Check your blood pressure regularly, especially if you are taking other medicines for your blood pressure. Your doctor may need to adjust the doses of your other medicines so that you can continue to take Nymalize (nimodipine).

Interactions with other medicines

Several medicines that treat HIV, bacterial, and fungal infections interfere with how Nymalize (nimodipine) is metabolized in your body. Certain interactions can raise your risk of experiencing severe and life-threatening low blood pressure. Talk with your doctor or pharmacist to make sure you can continue or start taking other medicines while on Nymalize (nimodipine).