

# Norflex (orphenadrine) basics

**Relaxes your muscles.** Norflex (orphenadrine) can be used for relaxing muscle spasms and it also can relieve pain.

## What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.

	Hours	Days	Weeks	Months	Long term
<b>Norflex (orphenadrine)</b> Drug effectiveness					
<b>Possible side effects†</b>					
<b>Dry mouth</b>					
<b>Sleepiness and dizziness</b>					
<b>Difficulty urinating/constipation</b>					

† Data on frequency of side effects is not available.

## Tips from pharmacists

- Norflex (orphenadrine) can make you feel very tired or sleepy. Don't drive or do anything that requires concentration until you know how it affects you.
- Taking Norflex (orphenadrine) with alcohol or narcotics can worsen the drowsiness.
- People taking Norflex (orphenadrine) have experienced heart problems. Talk to your doctor if you notice a faster heart beat, or any uneasiness related to your heart as this may not be the best medication for you.
- If you experience hallucinations or confusion while on Norflex (orphenadrine), let your doctor know as your dose may need an adjustment.
- Pills need to be swallowed whole and cannot be crushed.
- If you have been on this medication for a while, do not stop this medication suddenly without talking to your doctor.

## Risks and warnings

Contact your doctor if you experience any of these.

### Sleepiness and dizziness

Taking Norflex (orphenadrine) can make you feel sleepy and dizzy. If you're taking other medications that can also make you feel sleepy, or if you're taking recreational drugs or drinking too much alcohol, it can be even worse. Avoid driving or doing other tasks that require concentration until you know how this medication affects you. Get up very slowly from a seated or lying down position.

### Abuse, dependence and withdrawal

There are rare reports of people abusing Norflex (orphenadrine) and is more likely to happen in those with a history of drug abuse. Withdrawal symptoms have occurred in people who have taken large amounts of this medication for an extended period of time. Speak to your doctor about alternative treatment options if this is a potential concern for you.

### Heart problems

Some people taking Norflex (orphenadrine) have experienced fast or irregular heartbeats, or worsening of heart problems. If you experience any heart problems while on Norflex (orphenadrine), tell your doctor right away. Your doctor will work with you to find a drug that works best for you.