

Inderal (Propranolol) basics

Lowers blood pressure and controls heart rate. Inderal (Propranolol) is good for treating many heart problems and other problems in the body, but it has more side effects than other beta blockers. You can't miss doses.

What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.



† Data on frequency of side effects is not available.

Tips from pharmacists

- Can cause dizziness in the first few days.
- Check your blood pressure 1 week after starting this medicine, and tell your doctor if it hasn't improved.
- Can cause insomnia and fatigue.
- Can hide symptoms of low blood sugar. Be careful if you're diabetic.
- Don't stop taking this medicine suddenly.

Risks and warnings

The FDA has identified these as possible serious or life-threatening risks with this medication. Contact your doctor if you experience any of these.

Increased chest pain or risk of heart attack

Do not stop taking Inderal (Propranolol) suddenly without talking to your doctor as chest pain or angina may become increased. Stopping Inderal (Propranolol) suddenly may start a heart attack. Talk to your doctor if you are interested in stopping this medication.

Heart failure

Cases of heart failure due to taking Inderal (Propranolol) have been reported. Tell your doctor if you noticed increased swelling around your legs or ankles, sudden weight gain or sudden shortness of breath as these may be symptoms of heart failure.

Increased risks during surgery

If you are planning to undergo major surgery requiring anesthesia, tell your surgeon that you are on Inderal (Propranolol), so that they can monitor your heart more closely.