

Reglan (metoclopramide) basics

Relieves nausea and vomiting. Reglan (metoclopramide) can stimulate your gut and relieve nausea, but it can only be used for a short period of time due to avoid serious side-effects.

What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.



† Data on frequency of side effects is not available.

Tips from pharmacists

- Can make you drowsy so don't drink alcohol or drive while on Reglan (metoclopramide).
- Most doctors prescribe Reglan (metoclopramide) 4 times a day, 30 minutes before each meal, and before bed.
- Stop Reglan (metoclopramide) and contact a doctor immediately if you begin to have unusual, repetitive movements of the eyes, tongue, face, arm, or legs.
- Other medicines may interfere with how Reglan (metoclopramide) works so be sure to tell your doctor or pharmacist before starting any medicines.

Risks and warnings

The FDA has identified these as possible serious or life-threatening risks with this medication. Contact your doctor if you experience any of these.

Late, irreversible, involuntary movements (tardive dyskinesia)

Reglan (metoclopramide) can cause muscle stiffness, feelings of restlessness, and abnormal or uncontrollable facial or body movements, which could be a sign of tardive dyskinesia (TD). Let your doctor know if you experience any of these symptoms. Reglan (metoclopramide) should not be taken for more than 12 weeks because these symptoms can become permanent. There is currently no known effective treatment for TD, although, in some patients TD may go away.

Depression

People taking Reglan (metoclopramide) can experience mild to severe symptoms of mental depression. This can occur in people with or without a history of depression. Talk to your doctor if you notice any usual changes in mood or experience thoughts of suicide.

Neuroleptic malignant syndrome

This is a rare but life-threatening reaction to Reglan (metoclopramide). Symptoms include high fever, fast heart rate, stiff muscles, excess sweating, increased heart rate or blood pressure, and confusion. Stop taking Reglan (metoclopramide) and get medical attention right away if you experience these symptoms.