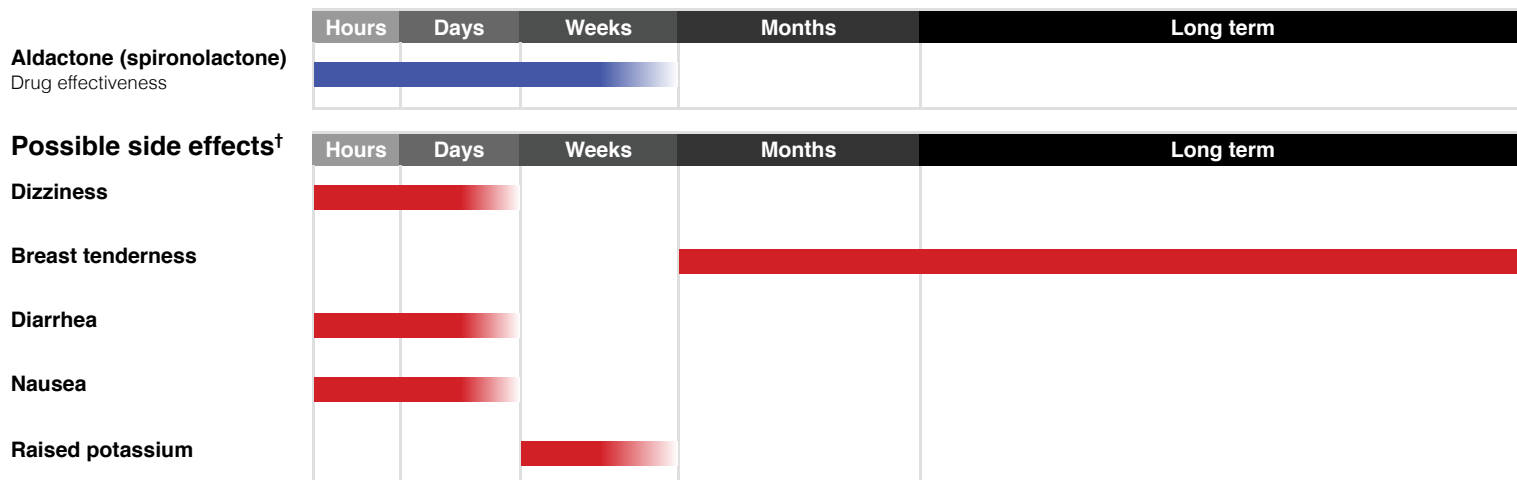


Aldactone (spironolactone) basics

Removes extra water from your body. Aldactone (spironolactone) should be used with other medicines to get rid of excess fluid in your body, especially if you have heart failure.

What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.



† Data on frequency of side effects is not available.

Tips from pharmacists

- Can make you dizzy or cause trouble concentrating, so be careful using it until you know how the medicine affects you.
- Don't use supplements or salt substitutes that are high in potassium.
- It can cause breast pain/swelling, irregular periods (women), or trouble with sexual performance.
- Tell your doctor about any muscle weakness, skin changes, and red or black tarry stool.
- You will urinate more often within 2 to 3 days, and will have lower blood pressure in 2 to 3 weeks.

Risks and warnings

The FDA has identified these as possible serious or life-threatening risks with this medication. Contact your doctor if you experience any of these.

Tumor development

Aldactone (spironolactone) can cause tumors, so you should talk to your doctor to make sure it's right for you.

Low blood pressure

Aldactone (spironolactone) lowers your blood pressure and may cause you to feel lightheaded or dizzy at first.

Heart problems from high potassium

Aldactone (spironolactone) can increase the amount of potassium in your body. High potassium can cause heart problems. Your doctor might ask you to do blood tests to check your potassium regularly.