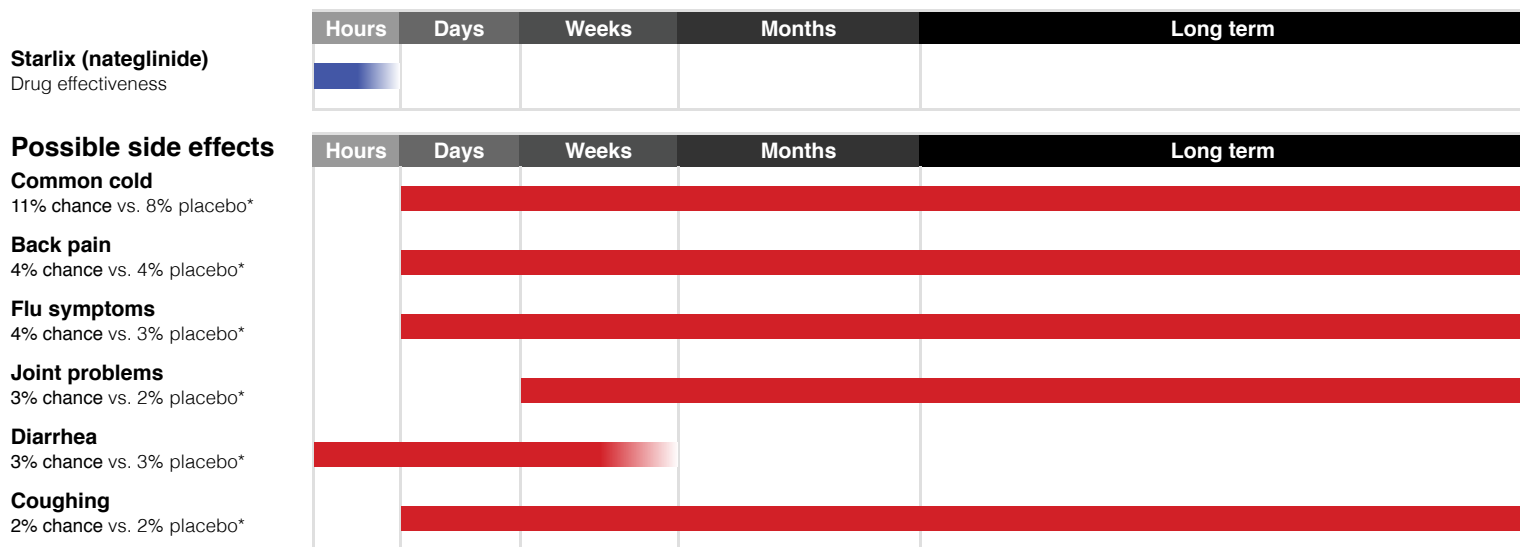


Lowers blood sugar. Starlix (nateglinide) can quickly lower your blood sugar, but needs to be timed with your meals.

What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.



* Placebo is a sugar pill with no medicinal benefit.

Tips from pharmacists

- Should be taken 3 times daily, 30 minutes before meals.
- If you skip a meal, skip the dose for that meal.
- It is important that you maintain a consistent diet and exercise schedule to avoid low blood sugars while on Starlix (nateglinide).

Risks and warnings

Contact your doctor if you experience any of these.

Low blood sugar (hypoglycemia)

Starlix (nateglinide) can cause low blood sugar. Very low blood sugar is life-threatening. Talk to your doctor about the symptoms of low blood sugar, and how to treat it.