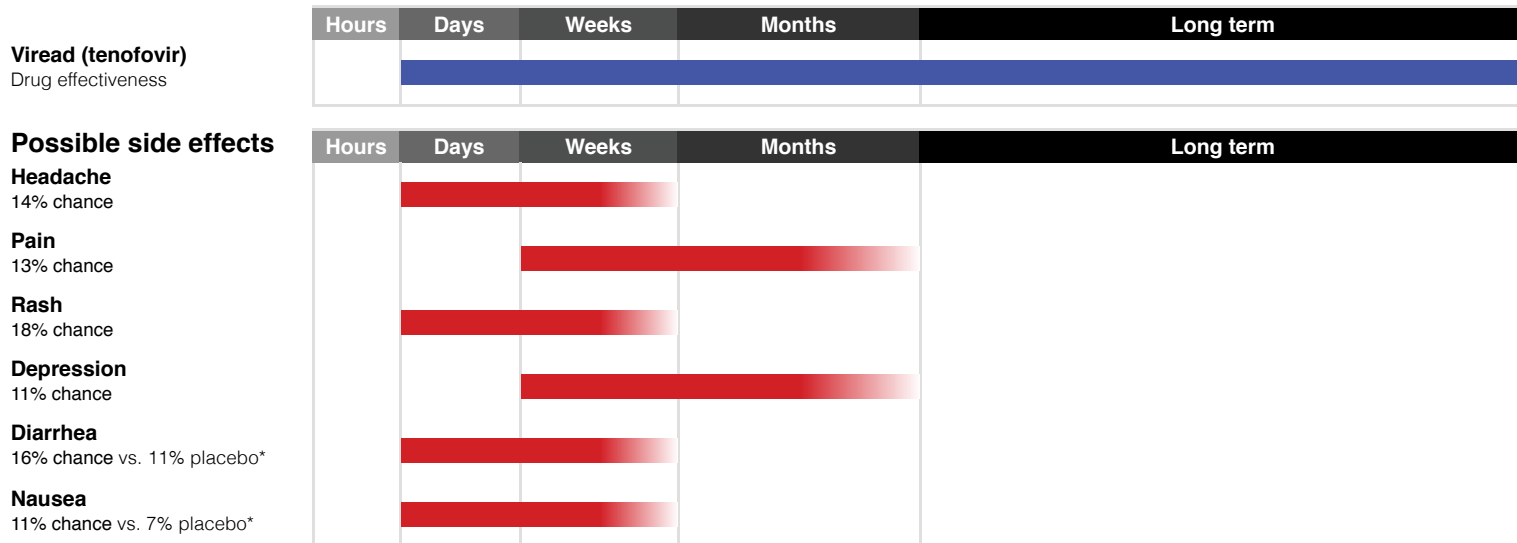


Viread (tenofovir) basics

Works with other medicines to treat HIV infection. Also treats Hepatitis B Virus. Viread (tenofovir) is a first-line choice to be used in combination with other medications to treat HIV. Viread (tenofovir) is also a first-line choice in treating HBV.

What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.



* Placebo is a sugar pill with no medicinal benefit.

Tips from pharmacists

- Avoid taking NSAIDs (non-steroidal anti-inflammatory drugs) like aspirin, ibuprofen, and Aleve in order to prevent damage to kidneys.
- Patients should be tested for both HIV and Hepatitis B virus (HBV) before starting Viread (tenofovir).
- Viread (tenofovir) powder should be mixed into soft food like applesauce or yogurt. Take it immediately after mixing, otherwise the taste can turn bitter. Viread (tenofovir) powder cannot be mixed into liquids.
- Immediately report any signs of liver problems (jaundice, dark urine, yellowing of eyes, etc.) or sensitivity reactions (rash, fever, fatigue, difficulty breathing, etc.) to your prescriber.
- Keep your regularly scheduled doctor's and lab appointments. These help ensure your medication is working well and safely.

Risks and warnings

The FDA has identified these as possible serious or life-threatening risks with this medication. Contact your doctor if you experience any of these.

Lactic acidosis | Enlarged, fatty liver
Viread (tenofovir) can cause this rare but life-threatening condition. Symptoms include deep and rapid breathing, nausea, vomiting and stomach pain. This is a medical emergency and you should get help right away.

Cannot be used to treat Hepatitis B Virus (HBV)
Viread (tenofovir) is not yet approved for treating Hepatitis B. If you have hepatitis B and HIV, don't stop taking Viread (tenofovir) without talking to your doctor since your hepatitis can get worse. Your doctor will check your liver regularly.

Mood and behavior changes
Viread (tenofovir) has been associated with depression, thoughts of suicide, aggression and psychosis. If your mood starts to change while taking Viread (tenofovir), let your doctor know. If you start thinking about harming yourself, seek medical attention immediately.