

# Visken (pindolol) basics

**Lowers blood pressure and controls heart rate.** Visken (pindolol) lowers high blood pressure and controls chest pain.

## What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.



\* Placebo is a sugar pill with no medicinal benefit.

## Tips from pharmacists

- Visken (pindolol) can cause dizziness, tiredness and muscle aches for a few days after starting this medicine.
- Check your blood pressure 1 week after starting this medicine and talk to your doctor if your blood pressure has not improved.
- Visken (pindolol) can hide symptoms of low blood sugar. Be careful with this medication if you have diabetes.
- Do not stop Visken (pindolol) suddenly without talking with your doctor first.

## Risks and warnings

Contact your doctor if you experience any of these.

### Heart failure

There have been reports of people developing heart failure while taking Visken (pindolol). Talk to your doctor if you notice swelling in your feet or ankles, if your pulse feels fast or irregular, or if you have shortness of breath when you lie down or exercise.

### Heart attack or increased chest pain

Do not stop taking Visken (pindolol) suddenly without consulting your doctor if you have coronary artery disease, since chest pain (angina) can get worse or start a heart attack. Talk to your doctor first if you would like to stop this medication.

### Lung disease or trouble breathing

Rarely, people who have asthma or COPD and are taking beta blockers like Visken (pindolol) have had problems breathing. Talk to your doctor if you have questions.