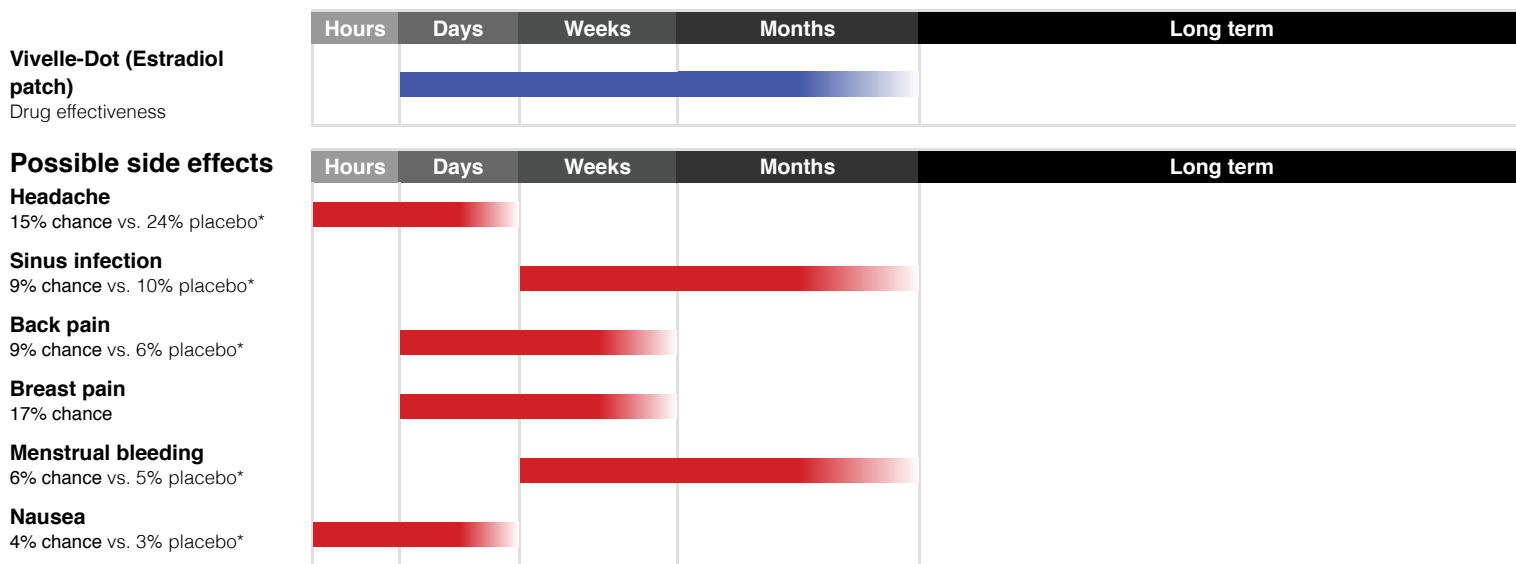


# Vivelle-Dot (Estradiol patch) basics

**Relieves menopausal symptoms.** Vivelle-Dot (Estradiol patch) is an estrogen patch that may be easier and more convenient to use than the pill or gel form.

## What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.



\* Placebo is a sugar pill with no medicinal benefit.

## Tips from pharmacists

- Be careful not to damage the patch when using scissors to cut open the package.
- Apply the sticky side of the patch to a dry and hairless area below the belly button. Never apply the patch directly to the breast.
- Replace the patch every 3-4 days and apply to a different area each time to prevent any skin irritation.
- Fold together the sticky sides of any used patches before disposal to prevent unwanted drug exposure to others.
- Tell your doctor about any unusual vaginal bleeding.

## Risks and warnings

The FDA has identified these as possible serious or life-threatening risks with this medication. Contact your doctor if you experience any of these.

### Uterine cancer

Vaginal bleeding after menopause can be a warning sign of uterine cancer, so let your doctor know if you notice any unusual bleeding. Using medicines like Vivelle-Dot (Estradiol patch) for more than a year can increase your risk. Talk to your doctor about other medicines you can take with Vivelle-Dot (Estradiol patch) to protect yourself from cancer if you are worried.

### Breast cancer

Vivelle-Dot (Estradiol patch) makes you more likely to get breast cancer, especially if you or your family have had breast cancer before. Only use Vivelle-Dot (Estradiol patch) for as long as you need it. Talk to your doctor about ways to protect yourself.

### Increased risk of blood clots and stroke

Vivelle-Dot (Estradiol patch) raises your risk for blood clots, especially if you smoke tobacco, are obese, or if you or your family have had blood clots in the past. Get medical care right away if you have pain in your legs or arms, bad headaches, trouble breathing, or sudden changes in your speech or vision.