

Cambia (diclofenac) basics

Relieves pain and inflammation. Cambia (diclofenac) works well for pain and is available in many different forms. If you have a history of heart problems or stomach bleeds, it may not be the best choice.

What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.

	Hours	Days	Weeks	Months	Long term
Cambia (diclofenac) Drug effectiveness	[Blue bar spanning Hours and Days]				
Possible side effects†	Hours	Days	Weeks	Months	Long term
Nausea	[Red bar in Hours]				
Indigestion		[Red bar in Days]			
Headache	[Red bar in Hours]				
Diarrhea	[Red bar in Hours]				
Constipation		[Red bar in Days]			
Swelling		[Red bar in Days]			

† Data on frequency of side effects is not available.

Tips from pharmacists

- Take with food or milk to prevent upset stomach.
- Can cause stomach ulcers especially if you've had ulcers before.
- Can thin your blood. Avoid taking this with other blood thinners such as aspirin or warfarin unless your doctor says it's safe.
- Don't use if you've recently had open heart surgery.
- Can affect how your kidneys work.
- Talk to your doctor if you're having trouble taking this medicine. It's available in other forms (gel, delayed-release pill, extended-release pill) that may have less side-effects.

Risks and warnings

The FDA has identified these as possible serious or life-threatening risks with this medication. Contact your doctor if you experience any of these.

Heart attack and stroke

Cambia (diclofenac) can increase your chances of getting blood clots, a heart attack, or stroke. To lower the risk of having these problems, take the medicine at the lowest dose and for the shortest time possible. Talk to your doctor right away if you experience chest pain, shortness of breath, weakness in 1 side of the body, or difficulty speaking.

Stomach bleeding

Cambia (diclofenac) can cause stomach bleeding which can be dangerous. If you notice blood in your vomit or your stool has bright red blood or looks like black coffee grounds, or if you have pain in your stomach that doesn't go away, talk to your doctor right away.

Severe allergic reaction

Cambia (diclofenac) can cause a severe allergic reaction which include signs like skin rash, hives, face swelling, difficulty breathing, and the feeling of wanting to pass out. Go to the emergency room right away if you can't breathe or you feel like you will faint after taking the medicine. If you had these problems before when you took aspirin or another NSAID, talk to your doctor first before taking Cambia (diclofenac).