

Zaditor (ketotifen) basics

Relieves itchy eyes due to allergies. Zaditor (ketotifen) is the first-choice OTC treatment for allergy-related itchy eyes, but it doesn't treat infections and may not help for more serious allergies.

What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.

	Hours	Days	Weeks	Months	Long term
Zaditor (ketotifen) Drug effectiveness					
Possible side effects†					
Headache					
Dry eyes					
Eye stinging					
Pink eye					
Eye pain					
Stuffy nose					

† Data on frequency of side effects is not available.

Tips from pharmacists

- Keep the applicator clean and don't let it touch your eyes.
- If you are using other eye drop medicines besides Zaditor (ketotifen), space them at least 5 minutes in between drops.
- Don't use the medicine if it has changed color or is cloudy.
- Remove contact lenses before using the eye drops, then wait 10 minutes before putting them back in.
- Talk to your doctor or pharmacist and stop using Zaditor (ketotifen) if you experience pain, irritation, worsening of redness, or vision changes in your eye.
- Talk to your doctor if your symptoms don't improve or if they get worse within 3 days of using Zaditor (ketotifen).

Risks and warnings

Contact your doctor if you experience any of these.

Allergy to ingredients

Don't use Zaditor (ketotifen) if you are sensitive or allergic to one or more of the ingredients in the product. Read the ingredients label carefully.

Risk for eye infection

Keep the applicator tip clean by not allowing it to touch your eyes or another object. This will help prevent you from potentially getting an eye infection.

Not to be used with contact lenses

This medicine is not intended for treating eye irritation due to contact lens wear. If you wear soft contact lenses, remove them before using Zaditor (ketotifen). You should wait at least 10 minutes after using the eye drops before wearing your contacts again. It is recommended to avoid wearing your contacts while using the medicine if your eyes become red after applying the eye drops.