

Zantac 75 (ranitidine) basics

Relieves heartburn and stomach ulcers. Zantac 75 (ranitidine) is an effective and inexpensive medicine for heartburn with few side effects, but may interfere with other drugs.

What to expect when starting

Here's when people typically experience benefits as well as some possible side effects. Your experience may be different.

	Hours	Days	Weeks	Months	Long term
Zantac 75 (ranitidine) Drug effectiveness					
Possible side effects†					
Headache					
Constipation					
Diarrhea					

† Data on frequency of side effects is not available.

Tips from pharmacists

- To prevent a heartburn attack, take Zantac 75 (ranitidine) 30 minutes before eating.
- Works within 30 to 60 minutes. Relief lasts up to 12 hours.
- Do not use Zantac 75 (ranitidine) for more than 14 days. Talk to your doctor if your symptoms do not improve after 2 weeks of using the over-the-counter product, as this may indicate a more serious problem.
- The syrup product may contain up to 7.5% of alcohol.
- Speak to your doctor or pharmacist about lifestyle and dietary changes that can help prevent heartburn.

Risks and warnings

Contact your doctor if you experience any of these.

Confusion

Zantac 75 (ranitidine) can cause rare cases of temporary confusion. Talk to your doctor or pharmacist to see if this is the best option for you.

Drug interactions

Zantac 75 (ranitidine) can interact with certain prescription and over-the-counter medications. Let your doctor or pharmacist know about the medicines you are currently taking.

Acute porphyria

Zantac 75 (ranitidine) can cause acute attacks of a rare blood disease called porphyria. Don't use Zantac 75 (ranitidine) if you have a history of acute porphyria.